

Published Articles about Olive Oil, with Links

Lisa Radinovsky

by publication, and then in reverse chronological order
with Citations to My Writing, Adaptations, and Republications in the last section

For more information about my background, please see my LinkedIn profile
(<https://www.linkedin.com/in/lisa-radinovsky/>)

For Greece Is

(republications there are listed under Republications)

Why Eating More Olive Oil Can Help Fight Climate Change

Next to one of the oldest olive groves in the world, researchers discussed how olive oil is not just good for people, but the planet, too. (January 16, 2020)

<http://www.greece-is.com/why-eating-more-olive-oil-can-help-fight-climate-change/>

Squeezing the Olive: A new generation is reshaping age-old traditions for the 21st century.

(August 2019)

<http://www.greece-is.com/greece-crete-2019/>

(See pages 58-62 on the navigation bar online or 56-60 in the print edition.)

Cretan Olive Oil Competition Highlights Best Producers

The COOC has been instrumental in elevating the extra virgin olive oils produced in Crete; here are some of the brands to look out for. (May 8, 2019)

<http://www.greece-is.com/madeingreece/cretan-olive-oil-competition-highlights-islands-best-producers/>

Welcome to the EVOO-lution: Greek Olive Oils Add Science to Tradition

As small producers and top scientists join forces, Greek extra virgin olive oils are reaching new heights both in terms of health benefits and flavor. (February 28, 2019; online, retitled republication of Revolution article below)

<http://www.greece-is.com/madeingreece/welcome-to-the-evoo-lution-greek-olive-oils-add-science-to-tradition/>

Revolution Innovation Creation

Greek extra virgin olive oil offers a host of health benefits, plus a variety of wonderful flavors, ranging from mild and fruity to spicy and pungent. (Health Issue 2018-2019, pages 82-87 of the print edition)

<http://www.greece-is.com/greece-health-2018-2019/>

Olive Oil: The Past, Present and Bright Future of Crete's Lifeblood

Of all the crops that are part of the great agrarian tradition of this island, the most important by far is the amazing olive, thanks to the priceless oil it produces. (October 8, 2018; online, retitled republication of Liquid Gold article below)

<http://www.greece-is.com/olive-oil-the-past-present-and-bright-future-of-cretes-lifeblood/>

Liquid Gold

An overview of the history, culture, production, and nutritional and economic significance of olive oil in Crete for the *Greece Is* issue on Crete. (August 2018, pages 194-200)

https://issuu.com/greece-is/docs/gris_crete_2018_issuu/196

4th Cretan Olive Oil Competition Highlights Sophistication of Crete's Oils

Thanks to science, experimental new methods and minute attention to detail, olive oil producers on Crete are forging new paths with an age-old product. (March 28, 2018)

<http://www.greece-is.com/news/4th-cretan-olive-oil-competition-highlights-cutting-edge-of-cretan-oils/>

Greek Olive Oil at the Athens Food Expo: Variety, Innovation, and Hope

A new generation of companies and olive oil producers are producing better oils than ever, as well as innovative new olive oil based products. (March 19, 2018)

<http://www.greece-is.com/news/greek-olive-oil-at-the-food-expo-in-athens-variety-innovation-and-hope/>

Superfood: Why Greek Olive Oil is a Food and Medicine in One (also published in the print edition as **Liquid Gold and a Great Healer**)

My most in-depth summary of olive oil's health benefits. (2017-18 Health Issue, pages 56-60 <http://www.greece-is.com/greece-health-2018/> but easier to read online at the link below)

<http://www.greece-is.com/liquid-gold-and-a-great-healer/>

An American's Love Affair with Greek Olive Oil

How a former English professor from Pennsylvania started a new life in Crete, dedicated to Greece's liquid gold. (December 27, 2016)

<http://www.greece-is.com/article/an-americans-love-affair-with-greek-olive-oil/>

The Captain's Olive Grove

A ship captain gave up his travels to return to his family olive groves in Crete and produce olives for award-winning extra virgin olive oil. He shared his story while explaining the harvesting process under his olive trees. (September 20, 2016)

<http://www.greece-is.com/captains-olive-grove/>

For TML (*The Mediterranean Lifestyle*) Magazine

(republications there are listed under Republications except where substantial changes have been made)

Nature's Sculpture: The Ancient Olive Tree of Vouves in Crete (Issue 22, February 2023)

Estimated to be 3,000-5,000 years old, the ancient olive tree of Ano Vouves, Crete is one of the oldest, most popular and most impressive olive trees in Greece.

<https://themediterraneanlifestyle.com/digital-magazine/p/issue-22>

For The Olive Oil Professor

The Olive Oil of Halkidiki: Home of Greece's Big Green Olives (June 22, 2023)

<https://oliveoilprofessor.com/blog/the-olive-oil-of-halkidiki-home-of-greeces-big-green-olives>

For *Greek Reporter*

[Articles substantially different from the original version on Greek Liquid Gold, and original articles for Greek Reporter, are here; others, which may have a new title and introduction, are in the republication list below. This is Greek Reporter's page with an introduction about me and a list of articles I've published there:

<https://greece.greekreporter.com/author/radino/>]

The Sakellaropoulos Family Combines Olive Oil Tradition and Innovation

Sakellaropoulos Organic Farming produces healthy, tasty, award winning organic extra virgin olive oils, flavored olive oils, and table olives near Sparta. (October 12, 2018)

<https://greece.greekreporter.com/2018/10/12/the-sakellaropoulos-family-combines-olive-oil-tradition-and-innovation/>

Out of Crisis, Back to Tradition: The Story of Nature Blessed Greek Olive Oil

Seeking a new business outlet during the Greek economic crisis, Ioanna Damianaki established the Nature Blessed Greek olive oil company with her children. (June 22, 2018)

<http://greece.greekreporter.com/2018/06/22/out-of-crisis-back-to-tradition-the-story-of-nature-blessed-greek-olive-oil/>

Greek Professor, Team Invent Mini Olive-Oil Mill, Quality Tester

A Greek professor's invention helps olive farmers decide the best time to harvest their olives to optimize the health benefits and quantity of their olive oil. (May 12, 2018)

<http://greece.greekreporter.com/2018/05/12/greek-professor-team-invent-mini-olive-oil-mill-and-quality-tester/>

For *Oliveoil.com*

How Extra Virgin Olive Oil Can Help Prevent Alzheimer's

The results of recent research in Greece suggest that extra virgin olive oil could offer a safe, effective, simple, and affordable way to delay the onset of serious Alzheimer's symptoms. (December 19, 2021)

<https://www.oliveoil.com/how-extra-virgin-olive-oil-can-help-prevent-alzheimers/>

Greek Olive Oil Users Share Their Kitchen Tips

Once you have extra virgin olive oil in your kitchen, what should you do with it? As the world's top consumers of olive oil, Greeks are happy to share tips for everyday use of this flavorful liquid gold! (August 10, 2021)

<https://www.oliveoil.com/greek-olive-oil-users-share-kitchen-tips/>

Everything You Need to Know about Olive Oil from Greece

A look at the main olive varieties as well as the place olive oil holds on the tables—and in the hearts—of the Greek people. (May 13, 2021)

<https://www.oliveoil.com/everything-you-need-to-know-about-olive-oil-from-greece/>

For Conferences

Bringing Innovations in Multifunctional Olive Systems to Rural Greece

This e-poster for the Perrotis College's online conference "Olive Sector: Pursuing Innovation, Exploring Trends" provides an overview of the EU-funded ENI CBC Med project LivingAgro: Cross Border Living Laboratories for Agroforestry, which is bringing together innovators and stakeholders for mutually beneficial collaborations based on living labs in two areas: multifunctional olive systems and grazed woodlands. (June 2, 2021)

https://static.livemediagr.com/services/inventics/userfiles/usid481_20210603063642697_8997slide1.jpg

For *Olive Oil Times*

Greeks Discuss Effort and Dedication Behind NYIOOC Triumphs

In spite of poor weather and trouble with pests, Greek producers took home a total of 35 awards at the 2019 NYIOOC World Olive Oil Competition. (May 16, 2019)

<https://www.oliveoiltimes.com/olive-oil-basics/greeks-discuss-effort-and-dedication-behind-nyiooc-triumphs/67954>

Why One Good EVOO in Your Kitchen Is Not Enough

Olive oils, like wines, should be chosen to produce the ideal combination with the foods you're preparing. (October 1, 2018)

<https://www.oliveoiltimes.com/olive-oil-basics/why-one-good-evoo-in-your-kitchen-is-not-enough/64498>

More Greek Winners Reflect on Their NYIOOC Awards

Greek producers like these NYIOOC winners have studied modern olive oil production methods and engaged in the persistent efforts necessary to make some of the world's best olive oils. (May 10, 2018)

<https://www.oliveoiltimes.com/olive-oil-basics/more-greek-winners-reflect-on-their-nyiooc-awards/62962>

Greek Olive Oil Industry Groups Merge

In September, the two Greek olive oil packers' associations, SEVITEL and ESVITE, officially merged into one under SEVITEL, the Association of Greek Industries and Packers of Olive Oil, following a unanimous decision by the general assemblies of the members of both organizations. (November 27, 2017)

<https://www.oliveoiltimes.com/olive-oil-business/greek-olive-oil-industry-groups-merge/59775>

EU Project Aims to Improve Mediterranean Olive Oil Sector Competitiveness

A new project will develop quality control and production techniques to aid producers while educating consumers about high-phenolic olive oil's health benefits and certifying those health benefits. (July 6, 2017)

<https://www.oliveoiltimes.com/olive-oil-business/eu-project-aims-improve-mediterranean-olive-oil-sector-competitiveness/57741>

Greek Olive Oil Producers React to NYIOOC Wins

Producers, marketers, and exporters of this year's best Greek olive oils share what their New York International Olive Oil Competition awards mean to them, how they manage to produce olive oils good enough to earn top honors, and how this fits in with their company philosophies. (May 2, 2017)

<https://www.oliveoiltimes.com/olive-oil-basics/greek-olive-oil-producers-react-nyiooc-wins/56515>

3rd Cretan Olive Oil Competition: Impressive Results in a Difficult Year

The third edition of the competition had more entries and a higher percentage of organic olive oils than in previous years. (March 16, 2017)

<https://www.oliveoiltimes.com/olive-oil-business/3rd-cretan-olive-oil-competition-impressive-results-difficult-year/55844>

New Method for Identifying Olive Cultivars

A new method for identifying olive cultivars according to the appearance of leaves and fruit is expected to serve as the basis for a cell phone app and contributions to a new international olive tree database. (November 4, 2016)

<https://www.oliveoiltimes.com/olive-oil-making-and-milling/new-method-identifying-olive-cultivars/53494>

Greek Farmers Expect Lower Yields as Harvest Nears

The olive fly, a heat wave, and a drought are likely to lead to a reduced production of 200,000 to 250,000 metric tons of olive oil in Greece this year. (September 20, 2016)

<https://www.oliveoiltimes.com/olive-oil-business/europe/greek-farmers-expect-lower-yields-harvest-nears/52985>

Greek Olive Branch Sent to Rio to Symbolize Peace in Olympics Opening Ceremony

Branches from the Monumental Olive Tree of Vouves have been used in ceremonies at each summer Olympics since the Athens Games in 2004. The wreath cutting ceremony was accompanied by an ancient dance ritual. (August 1, 2016)

<http://www.oliveoiltimes.com/olive-oil-basics/greek-olive-branch-sent-rio-symbolize-peace-olympics-opening-ceremony/52324>

Olive Oil Innovations, Discoveries, and Breakthroughs in Ancient Olympia

The Oleocanth International Society Conference and Olympia Health & Nutrition Awards featured breakthroughs in olive oil research, a new olive tree varietal, and an olive oil competition for high-phenolic oils. (June 10, 2016)

<http://www.oliveoiltimes.com/olive-oil-business/europe/olive-oil-innovations-discoveries-breakthroughs-ancient-olympia/51812>

For Children Visiting Crete, a Free Book on Olive Oil Culture

The Association of Cretan Olive Municipalities and the International Olive Council are offering free copies of two educational books about olive oil to the children of tourists who visit Crete, Greece. (May 26, 2016)

<http://www.oliveoiltimes.com/olive-oil-basics/children-visiting-crete-free-book-olive-oil-culture/51646>

Producers of the Best Greek Olive Oils React to Their NYIOOC Awards

Award-winning Greek producers discuss their reactions to the New York International Olive Oil Competition results and their efforts to produce the best olive oils in the world. (May 2, 2016)

<http://www.oliveoiltimes.com/olive-oil-basics/best-greek-olive-oils-react-to-nyiooc/51275>

3rd 'Food Expo Greece' Showcases Mediterranean Foods

The third Food Expo Greece took place near Athens, attracting 970 exhibitors, 153 of them exhibiting olive oil, plus 55,000 trade visitors, including 1,200 from 55 countries outside Greece. (March 30, 2016)

<http://www.oliveoiltimes.com/olive-oil-business/europe/3rd-food-expo-greece-showcases-mediterranean-foods/50990>

2nd Olive Oil Competition Highlights Cretan Brands

The 2nd Cretan Olive Oil Competition took place March 19 to 20 in Rethymno, Crete, awarding prizes for the best standardized conventional and organic Cretan extra virgin olive oils from the 2015-16 production season. (March 25, 2016)

<http://www.oliveoiltimes.com/olive-oil-business/europe/2nd-olive-oil-competition-highlights-cretan-brands/50966>

The Art of Olive Oil: Greek Package Designs Draw from Deep Cultural Roots

Greek olive oil producers and their designers are presenting innovative brands and packages inspired by a rich cultural heritage. (February 29, 2016)

<http://www.oliveoiltimes.com/olive-oil-basics/art-of-olive-oil-greek-package-designs/50475>

Problems, Prospects for Greek Olive Oil

Sevitel president Grigoris Antoniadis expects a good year for Greek olive oil, with production and price levels returning to normal. He discusses anticipated changes in taxation that could affect the industry. (December 22, 2015)

<http://www.oliveoiltimes.com/olive-oil-basics/problems-prospects-for-greek-olive-oil/50051>

Politicized Debate in Greece Over Proposed EU Increase in Tunisian Quotas

Greek unionists and politicians have belatedly begun to debate the European Commission proposal to increase duty-free imports of Tunisian olive oil into the EU. (November 30, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/politicized-debate-in-greece-over-proposed-eu-increase-in-tunisian-quotas/49885>

Nikos Michelakis on Olive Oil Pricing, the Tunisian Quota, Education and Advocacy

(November 27, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/nikos-michelakis-on-olive-oil-pricing/49875>

High Quality, Average Yield Expected from Greece

Preliminary estimates call for an average output of Greek olive oil with excellent quality. (November 20, 2015)

<http://www.oliveoiltimes.com/olive-oil-making-and-milling/high-quality-average-yield-expected-from-greece/49762>

In Greece, Volunteers Provide Olive Oil for Families in Need

Dozens of volunteers in the Athens suburb of Glyfada began harvesting olives from trees growing on public land to provide oil for local residents. (November 3, 2015)

<http://www.oliveoiltimes.com/olive-oil-basics/volunteer-provide-olive-oil-for-low-income-greek-families/49425>

Cretan Olive Oil Exports Grow Fivefold

Cretan olive oil exports grew by 518 percent in the first half of 2015, helping to double Crete's total exports. (October 26, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/cretan-olive-oil-exports-grow-fivefold/49352>

Greece's Early Harvest Olive Oils

Early harvest oils, with their bitter taste, low acidity, and higher antioxidant content are worth paying a little extra for. If you can find them. (October 14, 2015)

<http://www.oliveoiltimes.com/olive-oil-making-and-milling/greece-early-harvest-olive-oils/49122>

Greek Producers Weigh Prospects After Tsipras Win

Greek olive oil producers consider the upcoming harvest and the way the political and economic situation may affect their industry after the country's latest elections. (September 25, 2015)

<http://www.oliveoiltimes.com/olive-oil-basics/greek-producers-weigh-prospects-after-tsipras-win/48940>

Evo3 Supports Reforestation Projects in Africa

Stratis Camatsos focuses on high-quality extra virgin organic olive oil production and environmental projects with his new brand, evo3. (August 25, 2015)

<http://www.oliveoiltimes.com/olive-oil-basics/evo3-supports-reforestation-projects-in-africa/48734>

Third Loan Package Reluctantly Approved by Greek Parliament

Further unsettling the Greek political landscape, the Greek Parliament and the Eurogroup approved a controversial package Friday. (August 16, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/third-loan-package-reluctantly-approved-by-greek-parliament/48633>

Agro-Culinary Attractions in Crete Span Ages

Visitors to scenic northwestern Crete can see a traditional stone mill, one of the world's oldest olive trees, a modern olive oil factory and a botanical park and restaurant. (August 11, 2015)

<http://www.oliveoiltimes.com/olive-oil-basics/agritourism-in-crete-greece/48549>

Gaea CEO's Top Priority: 'Keep Serving Our Clients Every Day'

Aris Kefalogiannis discusses his company's continued success, the Greek economic crisis, and the urgent need for reform in Greece. (July 29, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/gaea-kefalogiannis/48440>

Kalamata PDO Expands to All of Messinia

The European Commission approved the extension of the Kalamata olive oil Protected Designation of Origin throughout the Regional Unit of Messinia. (July 27, 2015)

<http://www.oliveoiltimes.com/olive-oil-making-and-milling/kalamata-pdo-expands-messinia/48388>

Greece Accepts More Austerity to Avoid Chaotic Grexit

With its economy depressed and banks closed, Greece accepted more harsh austerity measures and reforms in order to begin negotiations with European institutions and the IMF for a third bailout loan, barely avoiding a Grexit. (July 18, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/greece-accepts-more-austerity-to-avoid-chaotic-grexit/48323>

Shuffling Austerity Proposals, Greece and Creditors Seek Agreement

Days after Greek voters rejected a proposal for austerity measures, their government submitted a similar plan. Meetings this weekend could determine whether Greece will remain in the eurozone. (July 10, 2015)

<https://www.oliveoiltimes.com/olive-oil-business/europe/greece-and-creditors-seek-agreement/48190>

Confusion, Controversy as Referendum Nears

After the surprising announcement of a referendum on creditors' austerity proposal, Greeks struggle with capital controls and conflicting interpretations of the meaning of a yes or no vote on Sunday. (July 3, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/confusion-controversy-as-referendum-nears/48125>

Solace in Olive Oil as Talks Continue in Greece

As Greece and its creditors endure tense negotiations, some find hope in the relative security of olive oil. (June 26, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/solace-in-olive-oil-as-talks-continue-in-greece/48037>

Uncertainty in Greek Olive Oil Industry as Government Struggles to Avoid Default

Greek olive oil exports have increased, but more bottling and branding could bring Greece money desperately needed during the economic crisis. (June 11, 2015)

<http://www.oliveoiltimes.com/olive-oil-business/europe/uncertainty-in-greek-olive-oil-industry-as-government-struggles-to-avoid-a-default/47908>

Crete Gets its Own Olive Oil Competition

The first Cretan Olive Oil Competition sought to promote high-quality Cretan olive oil brands and the special characteristics of the best Cretan olive oils, to improve their position in the local and global markets, and to upgrade the overall quality of Cretan oils by developing the expertise of participants. (March 25, 2015)

<http://www.oliveoiltimes.com/reviews-opinions/extra-virgin-olive-oil-competitions/crete-gets-its-own-olive-oil-competition/47113>

Mediterranean Lifestyle Alive and Well on Crete

Yes, there is junk food on Crete, but this is still one of the best places in the world to immerse oneself in the Mediterranean diet and lifestyle. (March 18, 2015)

<http://www.oliveoiltimes.com/olive-oil-basics/mediterranean-lifestyle-alive-and-well-on-crete/47002>

Restaurants Embrace Crete's Celebrated Diet

The personal, local, small-scale touch of hard-working Cretan families offers hope that visitors to Crete can gradually be persuaded to enjoy a traditional Cretan diet. (February 25, 2015)

<http://www.oliveoiltimes.com/olive-oil-basics/restaurants-embrace-cretes-celebrated-diet/46740>

For *Seabourn Club Herald* and *Tradewinds*

Liquid Gold. Olive Oil Has Been the Treasure of Greece, Past and Present.

An introduction to the past and present significance of olive oil in Greece. (Volume 26, Number 2 [July 2016]; see pages 62-65)

<http://bluetoad.com/publication/?i=323514>

<https://www.pressreader.com/usa/seabourn-club-herald/20160701/281560880390259>

Republished as Greek Gold in *Tradewinds* magazine, Issue One, 2018, pages 74-81.

For *F Magazine*, a Korean Food Documentary Magazine

The epitome of Mediterranean nature, economy, and culinary culture. *F Magazine*, Issue No. 22: Olive, English Edition, B Media Company, Republic of Korea [2023]. [Korean edition published in 2022]

For *Greek Liquid Gold: Authentic Extra Virgin Olive Oil*

10th Cretan Olive Oil Contest Celebrates Island's Top EVOOs

The 10th Cretan Olive Oil Competition celebrated the accomplishments of Cretan olive oil producers with an awards ceremony and informative seminars on March 31. (April 10, 2024)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/523-10th-cretan-olive-oil-contest-celebrates-island-s-top-evoos>

Greek Olive Oil Companies at Food Expo Discuss Challenges

At the 2024 Food Expo in Athens, Greek olive oil company professionals discussed innovations and the challenges of high prices and global warming's effects. (March 26, 2024)

<https://www.greekliquidgold.com/index.php/en/news/522-greek-olive-oil-companies-at-food-expo-discuss-challenges>

Olive Japan Judges Praise Asia's Largest Olive Oil Contest

Judges of Olive Japan, the largest olive oil contest in Asia and Oceania, praise its organization, fairness, and promotional efforts for olive oil in Japan. (March 8, 2024)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/521-olive-japan-judges-praise-asia-s-largest-olive-oil-contest>

Greek Olive Oil Excels with Koroneiki and Flavored Oils

Improvements in EVOO World Rankings since 2017 show growing numbers of Greek olive oil producers excelling, especially with Koroneiki and flavored olive oils. (February 24, 2024)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/520-greek-olive-oil-excels-with-koroneiki-and-flavored-oils>

Discover the Most Awarded Greek Olive Oil Based in the USA

Laconiko is the most consistently awarded Greek olive oil at the world's largest olive oil competition, and a top winner at contests around the world. (February 16, 2024)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/519-discover-the-most-awarded-greek-olive-oil-based-in-the-usa>

Kosterina Greek Olive Oil: No Gimmicks, Just Goodness

Based in the USA, Kosterina is a Mediterranean lifestyle brand that has family, health, joy, and Greek extra virgin olive oil at its core. (February 3, 2024)

<https://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/517-kosterina-greek-olive-oil-no-gimmicks-just-goodness>

The Mediterranean “Best Diet Overall” Is More Than a Diet

More than food, the Mediterranean diet is a traditional Mediterranean way of life that resembles other traditional, healthy lifestyles and is easy to embrace. (January 14, 2024)

<https://www.greekliquidgold.com/index.php/en/health-benefits/the-mediterranean-diet-health-benefits/516-the-mediterranean-best-diet-overall-is-more-than-a-diet>

Can the Mediterranean “Best Diet Overall” Get Even Better?

Harvard Professor Frank Hu suggests that fusing the Mediterranean diet with a traditional Asian diet may make the Med diet more beneficial to more people. (January 7, 2024)

<https://www.greekliquidgold.com/index.php/en/health-benefits/the-mediterranean-diet-health-benefits/515-can-the-mediterranean-best-diet-overall-get-even-better>

Expert Says Extra Virgin Olive Oil Can Help Stop Alzheimer’s

An expert says clinical trials suggest extra virgin olive oil may help prevent Alzheimer’s more safely and effectively than drugs approved for that purpose. (December 31, 2023)

<https://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/514-expert-says-extra-virgin-olive-oil-can-help-stop-alzheimer-s>

The Hellenic Olive Network – An Important Initiative Begins

Greek scientists working on olive trees and their products and interested companies and farmers' groups will be invited to join a new Hellenic Olive Network. (December 7, 2023)

<https://www.greekliquidgold.com/index.php/en/news/513-the-hellenic-olive-network-an-important-initiative-begins>

2nd Cretan Lifestyle Conference with Hands-On Experiences

At the 2nd Cretan Lifestyle Conference in Rethymno, Crete, Greece, 150 participants gathered to discuss and experience the Mediterranean diet and lifestyle. (December 1, 2023)

<https://www.greekliquidgold.com/index.php/en/more/conferences-classes/511-2nd-cretan-lifestyle-conference-with-hands-on-experiences>

Considering Health, Olive Oil Is Not So Expensive After All

Considering price per serving, comparative cost, and extra virgin olive oil's great contributions to food's flavor and health benefits, it is not so expensive. (November 6, 2023)

<https://www.greekliquidgold.com/index.php/en/news/510-considering-health-olive-oil-is-not-so-expensive-after-all>

Innovators Collaborate to Merge Old and New in Olive Mill

Two Cretan olive oil companies are collaborating on the first modern production line in Greece that operates alongside a stone mill and hydraulic press. (October 28, 2023)

<https://www.greekliquidgold.com/index.php/en/news/509-innovators-collaborate-to-merge-old-and-new-in-olive-mill>

Why Buy Greek Olive Oil? Flavor, Health, History, Quality

There are many reasons to buy Greek olive oil: exquisite flavors and aromas, significant health benefits, and its role in Greek culture, economics, and history. (October 15, 2023)

<https://www.greekliquidgold.com/index.php/en/olive-oil-info/general-olive-oil-info/508-why-buy-greek-olive-oil-flavor-health-history-quality>

EFKRATO Premium EVOO: A Precious Gift of the Cretan Land

Made from ancient Tsounati olives in Crete, EFKRATO organic early harvest extra virgin olive oil is remarkable for its flavor and its eco-friendly production. (October 12, 2023)

<https://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/507-efkrato-premium-evoo-a-precious-gift-of-the-cretan-land>

High Olive Oil Prices Worldwide: Are They Worth Paying?

Is olive oil worth the record-high prices? Yes: its flavor and health benefits, plus social and environmental benefits, make it priceless. (October 1, 2023)

<https://www.greekliquidgold.com/index.php/en/olive-oil-info/general-olive-oil-info/506-high-olive-oil-prices-worldwide-are-they-worth-paying>

Megafire Burns 120,000 Olive Trees in Evros, NE Greece

The largest wildfire recorded in Europe ravaged NE Greece for 17 days; olive farmers and experts are assessing losses and considering steps toward regeneration. (September 14, 2023)

<https://www.greekliquidgold.com/index.php/en/news/505-megafire-burns-120-000-olive-trees-in-evros-ne-greece>

Greek Olive Oil Triumphs at UK Quality and Health Contest

At the 2023 London International Olive Oil Competitions, Greek olive oils won 144 prizes in the Quality, Health, and Infused categories, including 15 platinums. (August 11, 2023)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/504-greek-olive-oil-triumphs-at-uk-quality-and-health-contest>

Kotinos Olive Oil Contest Features Several Greek Varieties

The 2023 Kotinos Olive Oil Competition awards ceremony was held on July 3 in the neoclassical mansion of the Parnassos Literary Society in Athens, Greece. (July 16, 2023)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/503-kotinos-olive-oil-contest-features-several-greek-varieties>

Top Greek Olive Oils at Athena IOOC Hail from Various Areas

At the 8th edition of the Athena International Olive Oil Competition, judges awarded 159 prizes to a diverse set of Greek extra virgin and flavored olive oils. (July 13, 2023)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/502-top-greek-olive-oils-at-athena-iooc-hail-from-various-areas>

Konos Olive Oil: Makri Olives, Innovation and Agrotourism

Producing local Makri variety olives and olive oil in northeastern Greece, Konos welcomes visitors to agrotourism and food pairing events at their family estate. (June 24, 2023)

<https://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/501-konos-olive-oil-makri-olives-innovation-and-agrotourism>

The Most Awarded Flavored Olive Oil Brand Based in the USA

Based in the USA, with olive oil from Laconia, Greece, the Laconiko olive oil company has been ranked the world's most awarded producer of flavored olive oils. (June 22, 2023)

<https://www.greekliquidgold.com/index.php/en/news/500-the-most-awarded-flavored-olive-oil-brand-based-in-the-usa>

Olive Oil in Greek Restaurants: New Law and New Opportunity

Since March 1, 2020, Greek law has allowed standardized non-refillable bottles with up to 500 ml olive oil to be put on restaurant tables and used until empty. (June 17, 2023)

<https://www.greekliquidgold.com/index.php/en/news/499-olive-oil-in-greek-restaurants-new-law-and-new-opportunity>

Extending the Benefits of the Mediterranean Diet Worldwide

The Planeterranean Diet extends the Mediterranean diet's benefits for human & environmental health around the world via Mediterraneanization of local food systems. (May 30, 2023)

<https://www.greekliquidgold.com/index.php/en/more/conferences-classes/497-extending-the-benefits-of-the-mediterranean-diet-worldwide>

Greek Olive Oils Capture 52 Prizes at Olive Japan 2023

Greek olive oil companies earned 52 awards at the 2023 edition of the Olive Japan International Olive Oil Competition. Mediterre Alea was the "Best of Greece." (May 14, 2023)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/496-greek-olive-oils-capture-52-prizes-at-olive-japan-2023>

Greeks Discuss Value of Olive Agroforestry and Innovation

At the Food Expo, Greeks learned about the ENI CBC MED LIVINGAGRO project, Cross-Border Living Laboratories for Agroforestry, and the benefits of agroforestry. (May 3, 2023)

<https://www.greekliquidgold.com/index.php/en/news/494-greeks-discuss-value-of-olive-agroforestry-and-innovati>

Pellas Nature Infused Olive Oils Capture Nature's Flavor

Pellas Nature is an internationally successful family business that uses innovative methods to produce a wide range of healthy, tasty infused Greek olive oils. (April 23, 2023)

<https://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/493-pellas-nature-infused-olive-oils-capture-nature-s-flavor>

Olive Oil in Halkidiki, Greece: Land of Big Green Olives

Near Thessaloniki in northern Greece, Halkidiki's high quality extra virgin olive oil offers health and flavor, enriching the cuisine for residents and guests. (April 12, 2023)

<https://www.greekliquidgold.com/index.php/en/news/492-olive-oil-in-halkidiki-greece-land-of-big-green-olives>

Snapshots from the Greek Olive Oil Sector at the Food Expo

At the Food Expo in Athens, Greek olive oil companies presented their products and innovations and shared their views of challenges facing the olive oil sector. (April 5, 2023)

<https://www.greekliquidgold.com/index.php/en/news/491-snapshots-from-the-greek-olive-oil-sector-at-the-food-expo>

Olive Japan: Largest Olive Oil Competition in Asia, Oceania

Connecting olive oil companies with Asian consumers for 12 years, Olive Japan International Olive Oil Competition is the largest olive oil competition in Asia. (February 17, 2023)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/490-olive-japan-largest-olive-oil-competition-in-asia-oceania>

Top Greek Olive Oil Contest Champs: 2022 EVOO World Ranking

17 Greek extra virgin olive oils were among the top 100 in the 2022 EVOO World Ranking. Greece topped lists of Koroneiki variety EVOOs and flavored olive oils. (February 5, 2023)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/489-top-greek-olive-oil-contest-champs-2022-evoo-world-ranking>

The Future of Greek Olive Oil: Eight Greeks' Perspectives

Looking to the future, Greek experts anticipate challenges for the Greek olive oil sector, but also see potential for positive developments. (January 15, 2023)

<https://www.greekliquidgold.com/index.php/en/news/488-the-future-of-greek-olive-oil-eight-greeks-perspectives>

The Traditional Cretan Diet: For Health and Sustainability

The Best Diet Overall for 6 years, the Mediterranean diet, has roots in Crete, Greece, where international expert Antonia Trichopoulou discussed its benefits. (January 9, 2023)

<https://www.greekliquidgold.com/index.php/en/health-benefits/the-mediterranean-diet-health-benefits/487-the-traditional-cretan-diet-for-health-and-sustainability>

The Year in Review: The Greek Olive Oil Sector in 2022

Greek experts reviewed the state of Greek olive oil in 2022, mentioning the large quantity and its high quality and price, but also costly energy and fertilizer. (January 5, 2022)

<https://www.greekliquidgold.com/index.php/en/news/486-the-year-in-review-the-greek-olive-oil-sector-in-2022>

World Olive Day: Olive Oil Tasting - Food Pairing Workshop

In Crete, Greece on World Olive Day, a day-long olive oil tasting and food pairing workshop was led by an olive oil tasting expert and an award-winning chef. (December 9, 2022)

<https://www.greekliquidgold.com/index.php/en/more/conferences-classes/485-world-olive-day-olive-oil-tasting-food-pairing-workshop>

The Cretan Lifestyle Conference: Wellness, Food and Culture

The conference “Cretan Lifestyle: Mediterranean Tradition & Modern Applications” brought top thinkers in nutrition, epidemiology, and public health to Crete. (November 20, 2022)

<https://www.greekliquidgold.com/index.php/en/more/conferences-classes/484-the-cretan-lifestyle-conference-wellness-food-and-culture>

Continuing Debate in Europe on Front-of-Pack Food Labels

Debate continues in Europe on front-of-pack food labeling systems, with the best-known, Nutri-Score, severely criticized by the olive oil sector, among others. (October 30, 2022)

<https://www.greekliquidgold.com/index.php/en/news/483-continuing-debate-in-europe-on-front-of-pack-food-labels>

Explore Ancient Rokka and the Landscape of Northwest Crete

Near other intriguing destinations in northwest Crete, Greece, Ancient Rokka features remnants of ancient stone structures and a striking view of the landscape. (October 23, 2022)

<https://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/482-explore-ancient-rokka-and-the-landscape-of-northwest-crete>

Nature’s Sculpture: The Ancient Olive Tree of Vouves, Crete

Estimated to be 3,000-5,000 years old, the ancient olive tree of Ano Vouves, Crete is one of the oldest, most popular and most impressive olive trees in Greece. (October 16, 2022)

<https://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/481-nature-s-sculpture-the-ancient-olive-tree-of-vouves-crete>

G-TEAM’S HYPERELEON: A Global Front-Runner for Healthy EVOO

Melding Greek agricultural tradition with the latest scientific developments, the G-TEAM creates flavorful, supremely healthy HYPERELEON extra virgin olive oil. (October 1, 2022)

<https://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/480-g-team-s-hyperoleon-a-global-front-runner-for-healthy-evoo>

New Hellenic Center for Excellence in Health and Wellness

The Hellenic Center for Excellence in Health & Wellness is being set up to sponsor research and education on the healthy Cretan diet & lifestyle in Greece. (August 23, 2022)

<https://www.greekliquidgold.com/index.php/en/news/477-new-hellenic-center-for-excellence-in-health-and-wellness>

Proposals Welcome for November Med Diet Conference in Crete

Young researchers & professionals may submit abstracts for posters & local producers may propose contributions for a Nov. Cretan Diet conference in Crete. (August 23, 2022)

<https://www.greekliquidgold.com/index.php/en/more/conferences-classes/478-proposals-welcome-for-november-med-diet-conference-in-crete>

Symbolic Garden of Peace Inaugurated with 21 Olive Trees

An international Garden of Peace with 21 varieties of olive trees was inaugurated at the Mediterranean Agronomic Institute of Chania (MAICh) in Crete, Greece. (July 28, 2022)

<https://www.greekliquidgold.com/index.php/en/news/476-symbolic-garden-of-peace-inaugurated-with-21-olive-trees>

Greek Olive Oil Treasured from Canada to London to Greece

Greek olive oils won 211 prizes for high quality and health benefits at the London International Olive Oil Competition (IOOC) and 66 awards at the Canada IOOC. (July 21, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/475-greek-olive-oil-treasured-from-canada-to-london-to-greece>

Greek Olive Oils Cross a Continent for Olive Japan Awards

Greek olive oil producers earned 55 awards for their extra virgin olive oils and flavored olive oils at the 2022 edition of Olive Japan. (June 30, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/474-greek-olive-oils-cross-a-continent-for-olive-japan-awards>

Greek Olive Oils Earn 42 Prizes at Anatolian Competition

At the 2022 Anatolian International Olive Oil Competition in Turkey, Greek extra virgin olive oils and Greek flavored olive oils won 42 awards. (June 18, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/473-greek-olive-oils-earn-42-prizes-in-anatolian-competition>

Greek Olive Oils Earn 78 Awards at 2022 EVO IOOC in Italy

Competing with hundreds of olive oils from 26 countries, Greek olive oils won 78 medals at the EVO International Olive Oil Contest (EVO IOOC) in Italy in 2022. (June 5, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/472-greek-olive-oils-earn-78-awards-at-2022-evo-iooc-in-italy>

Quick and Easy Olive Oil Popcorn Recipe: The Perfect Snack

In this quick and easy recipe for stovetop popcorn made with extra virgin olive oil, two healthy ingredients combine beautifully to make an ideal snack. (May 29, 2022)

<https://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/471-quick-and-easy-olive-oil-popcorn-recipe-the-perfect-snack>

Greek Olive Oils Earn 176 Awards at 7th Athena Competition

Greek olive oils captured 176 awards at the 7th Athena International Olive Oil Competition in Greece in 2022, improving on the percentage of entries awarded. (May 21, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/470-greek-olive-oils-earn-176-awards-at-7th-athena-competition>

Multifaceted Greek Experiences, From Delphi to Nafpaktos

A few hours from Athens, in Delphi and Nafpaktos, visitors can sample the many faces of Greece: castles, archaeology, cuisine, outdoor activities and views. (May 14, 2022)

<https://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/469-multifaceted-greek-experiences-from-delphi-to-nafpaktos>

Greeks Win Medals at BIOL Competition for Organic Olive Oil

At the BIOL Prize, an important contest dedicated to organic olive oil, Greek organic extra virgin olive oils were awarded 4 extra gold medals and 11 golds. (April 27, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/468-greeks-win-medals-at-biol-competition-for-organic-olive-oil>

Greek Winners at the 2022 Los Angeles Olive Oil Competition

At the 2022 Los Angeles International Extra Virgin Olive Oil Competition, Greek extra virgin olive oils and flavored olive oils took home dozens of awards. (April 20, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/467-greek-winners-at-the-2022-los-angeles-olive-oil-competition>

8th Cretan Olive Oil Competition Celebrates Greek Olive Oil

In the 2022 edition of the Cretan Olive Oil Competition, 56 companies submitted 84 high quality extra virgin olive oils from all over the Greek island of Crete. (April 16, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/466-8th-cretan-olive-oil-competition-celebrates-greek-olive-oil>

Greek Olive Oil Companies Mix Joy and Concern at Food Expo

At a chaotic point in history, Greek olive oil companies at the first face-to-face Food Expo in Athens since 2019 revealed both concern and positive energy. (April 10, 2022)

<https://www.greekliquidgold.com/index.php/en/more/conferences-classes/465-greek-olive-oil-companies-mix-joy-and-concern-at-food-expo>

Olive Japan: Sharing Top Olive Oils with Asia and Oceania

Now in its 10th year, Olive Japan is one of the largest, most reputable international olive oil competitions, and the largest in Asia or Oceania. (March 28, 2022)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/463-olive-japan-sharing-top-olive-oils-with-asia-and-oceania>

Spanakopita: A Cretan Mother's Recipe for a Greek Classic

A recipe for spanakopita, the classic Greek spinach pie with feta cheese, herbs, onions, and phyllo pastry, including a recipe to make the dough from scratch. (March 5, 2022)

<https://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/462-spanakopita-a-cretan-mother-s-recipe-for-a-greek-classic>

The Future of Greek Olive Oil: Five Greek Experts' Views

Five Greek olive oil experts discuss their expectations for the future of Greek olive oil, sharing concerns, advice, and qualified optimism. (January 23, 2022)

<https://www.greekliquidgold.com/index.php/en/news/460-the-future-of-greek-olive-oil-five-greek-experts-views>

Event in Crete Shares Olive and Agroforestry Innovations

Inventors and scientists introduced 19 innovations that can help solve problems in the Greek olive, olive oil, and livestock sectors at an event in Crete. (January 14, 2022)

<https://www.greekliquidgold.com/index.php/en/more/greek-innovations/459-event-in-crete-shares-olive-and-agroforestry-innovations>

The Greek Olive Oil Sector in 2021: The Year in Review

In 2021, Greek olive oils won awards for quality and health benefits, and new discoveries and innovations helped offset some of the year's difficulties. (January 7, 2022)

<https://www.greekliquidgold.com/index.php/en/news/458-the-greek-olive-oil-sector-in-2021-the-year-in-review>

Athens Olive Lab and Shop Tests and Sells Healthy Olive Oil

The Olive Lab & Shop is unique in featuring only olive oils certified with a European health claim, and testing them for healthy polyphenols in the Athens store. (December 31, 2021)

<https://www.greekliquidgold.com/index.php/en/news/457-athens-olive-lab-and-shop-tests-and-sells-healthy-olive-oil>

Greek Olive Oils Ranked High by EVOO World Ranking for 2021

The EVOO World Ranking designated 95 Greek olive oils “EVOOs of the Year” for 2021; Terra Creta’s Grand Cru and Mediterre Eurofood S.A. won top honors.
(December 15, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/456-greek-olive-oils-ranked-high-by-evoo-world-ranking-for-2021>

B2B Event: Innovations for the Olive and Livestock Sectors

Greeks facing challenges in the olive and livestock sectors are invited to a free hybrid B2B event to connect with innovators with solutions to common problems.
(November 26, 2021)

<https://www.greekliquidgold.com/index.php/en/more/greek-innovations/454-b2b-event-innovations-for-the-olive-and-livestock-sectors>

Greece and the World Celebrate UNESCO World Olive Tree Day

Since 2019, World Olive Tree Day (or World Olive Day) has been celebrated by UNESCO, the International Olive Council, and many countries on November 26.
(November 26, 2021)

<https://www.greekliquidgold.com/index.php/en/news/453-greece-and-the-world-celebrate-unesco-world-olive-tree-day>

Olive-Avocado Intercropping and Olive Mill Inventions

Innovative olive mill machinery and olive-avocado intercropping which will be discussed at a December B2B event in Greece were filmed for a short video.
(November 18, 2021)

<https://www.greekliquidgold.com/index.php/en/more/greek-innovations/452-olive-avocado-intercropping-and-olive-mill-inventions>

Greek Team Studies and Defines “High-Phenolic Olive Oil”

Analyzing 5764 Greek olive oil samples, scientists proposed a definition of “high-phenolic olive oil” and estimated how long its healthy compounds can last.
(November 11, 2021)

<https://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/451-greek-team-studies-and-defines-high-phenolic-olive-oil>

Greek Olive Oils Win 52 Awards at Olivinus in Argentina

At the 2021 Olivinus international olive oil competition in Argentina, Greek olive oils won 52 awards, even competing with fresh Southern Hemisphere oils. (October 31, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/450-greek-olive-oils-win-52-awards-at-olivinus-in-argentina>

Oliverse Duo Explores Greek Olive Oil – Food Pairings

Kostas Tsoronis and Panagiotis Papanikolopoulos explore Greek olive oil – food pairings: how specific extra virgin olive oils combine with particular foods. (October 5, 2021)

<https://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/449-oliverse-duo-explores-greek-olive-oil-food-pairings>

Healthy, Tasty Greek Olive Oils Win Big in London Contest

At the 2021 London International Olive Oil Competitions, Greek olive oil companies won 233 awards for flavorful, healthy extra virgin and infused olive oils. (September 12, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/448-healthy-tasty-greek-olive-oils-win-big-in-london-contest>

87 Greek Olive Oils Awarded at New Competition in Canada

At the first Canada International Olive Oil Competition, Greece captured 87 awards, more than any other country, including six Platinum awards. (August 6, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/447-87-greek-olive-oils-awarded-at-new-competition-in-canada>

Greek Olive Oils Capture 179 Awards at 2021 Athena Contest

At the 2021 Athena International Olive Oil Competition, Greece earned 179 awards; A.M.G. Karabelas won the Best of Greece award for Laurel & Flame Fresh EVOO. (July 24, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/445-greek-olive-oils-capture-179-awards-at-2021-athena-contest>

Greek Olive Oils Win Top Awards at JOOP in Tokyo, Japan

Greek olive oils won nearly 100 awards at the Japan Olive Oil Prize (JOOP) in Tokyo in 2021, including the top awards for flavored oils and health benefits. (July 18, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/444-greek-olive-oils-win-top-awards-at-joop-in-tokyo-japan>

Presentations by Innovators in Olive and Livestock Sectors

Announcement of July 20-22 online presentations and B2B meetings to connect innovators with Greeks working in the olive oil, olive, or grazed woodlands sectors. (July 9, 2021)

<https://www.greekliquidgold.com/index.php/en/more/for-greek-producers/442-presentations-by-innovators-in-olive-and-livestock-sectors>

Cretans Say Nutri-Score Nutrition Label Misleads Consumers

Several organizations in Crete, Greece contend that the Nutri-Score front-of-pack nutrition rating system should not be adopted in the European Union. (July 5, 2021)

<https://www.greekliquidgold.com/index.php/en/news/441-cretans-say-nutri-score-nutrition-label-misleads-consumers>

Greek Olive Oil Companies Celebrate Success at Olive Japan

Greek olive oil companies won 77 medals at Olive Japan 2021: 19 Gold medals and 58 Silvers. The Best of Greece award winner was Mediterre Eurofood SA. (July 3, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/440-greek-olive-oil-companies-celebrate-success-at-olive-japan>

Extra Virgin Olive Oil May Safely Help Prevent Alzheimer's

Seven scientific articles on the MICOIL clinical trial demonstrate that extra virgin olive oil can delay the onset of Alzheimer's without adverse side effects. (June 24, 2021)

<https://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/439-extra-virgin-olive-oil-may-safely-help-prevent-alzheimer-s>

112 Greek EVOOs and Flavored Olive Oils Awarded at EVO IOOC

112 Greek extra virgin olive oils and Greek flavored olive oils won quality awards at the EVO International Olive Oil Competition (EVO IOOC) in Italy in 2021. (June 20, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/438-112-greek-evoos-and-flavored-olive-oils-awarded-at-evo-iooc>

Greek Olive Oils Rank among Contest's Top Ten Healthy EVOOs

Four Greek olive oil companies were ranked among the top ten healthy extra virgin olive oils at the unusual World's Best Healthy EVOO Contest in Spain. (June 12, 2021)

<https://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/437-greek-olive-oils-rank-among-contest-s-top-ten-healthy-evoos>

International Olive Sector Conference Explores Innovation

The 2nd International Olive Center Conference at Perrotis College in Thessaloniki, Greece focused on the "Olive Sector: Pursuing Innovation, Exploring Trends." (June 8, 2021)

<https://www.greekliquidgold.com/index.php/en/more/conferences-classes/436-international-olive-sector-conference-explores-innovation>

Triumph for Greek Olive Oil at Mario Solinas Competition

For the first time in 13 years, a Greek olive oil company won first prize at the Mario Solinas Quality Award, the world's most prestigious olive oil contest. (May 13, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/435-triumph-for-greek-olive-oil-at-mario-solinas-competition>

23 Greek Organic Extra Virgin Olive Oils Win BIOL Prizes

Greek companies won 10 Extra Gold medals and 13 Golds at the BIOL International Prize in Italy, an international contest for organic extra virgin olive oils. (May 3, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/434-23-greek-organic-extra-virgin-olive-oils-win-biol-prizes>

Greek Executive Olive Oil Chef Explores Flavor Combinations

The acclaimed Greek executive olive oil chef Vasilis Leonidou experiments with many different extra virgin olive oils to find the perfect one for each dish. (April 29, 2021)

<https://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/433-greek-executive-olive-oil-chef-explores-flavor-combinations>

Wandering Greek Chef Finds Many Olive Oils for His Dishes

Greek Chef de Cuisine Vassilis Alexiou explores various combinations of ingredients with different extra virgin olive oils in his restaurants' gourmet recipes. (April 11, 2021)

<https://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/431-wandering-greek-chef-finds-many-olive-oils-for-his-dishes>

New in 2021: The Canada International Olive Oil Competition

This year, there is a new way for olive oil producers and companies to attract the attention of consumers: the Canada International Olive Oil Competition 2021. (March 25, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/430-new-in-2021-the-canada-international-olive-oil-competition>

How to Live More Than a Century: The Mediterranean Diet

Dietitian and nutritionist Elena Paravantes discusses her grandfather's longevity (to age 104) and its link to olive oil and the Greek Mediterranean diet. (March 22, 2021)

<https://www.greekliquidgold.com/index.php/en/health-benefits/the-mediterranean-diet-health-benefits/429-how-to-live-more-than-a-century-the-mediterranean-diet>

Family Celebrates 108-Year-Old Greek Grandmother's Life

The family of Maria Giannakos, one of the oldest women in Greece when she died last year, credits hard work and a traditional Greek diet for her longevity. (March 16, 2021)

<https://www.greekliquidgold.com/index.php/en/news/428-family-celebrates-108-year-old-greek-grandmother-s-life>

Arnold Schwarzenegger and the Ancient Olive Trees of Crete

Arnold Schwarzenegger and some German celebrities are sponsoring ancient olive trees in Crete, Greece to help protect these natural monuments from destruction. (February 14, 2021)

<https://www.greekliquidgold.com/index.php/en/news/426-arnold-schwarzenegger-and-the-ancient-olive-trees-of-crete>

Greek Olive Oil near Top of World's Best Olive Oil Lists

In the EVOO World Ranking for 2020, 24 Greek olive oils were among the top 100 in the world, while eight of the world's top 25 olive oil companies were Greek. (January 18, 2021)

<https://www.greekliquidgold.com/index.php/en/more/competitions-awards/425-greek-olive-oil-near-top-of-world-s-best-olive-oil-lists>

Laconiko Extra Virgin Olive Oil: From Our Family to Yours

The story of a family business rooted in Laconia, Greece that imports some of the world's best Greek extra virgin olive oil and flavored olive oil to the USA. (January 16, 2021)

<https://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/424-laconiko-extra-virgin-olive-oil-from-our-family-to-yours>

The Year in Review: The Greek Olive Oil World in 2020

Looking back at 2020, we see that Greek olive oil companies met the challenges of COVID-19, emphasized olive oil's health benefits, and won many awards. (January 5, 2021)

<http://www.greekliquidgold.com/index.php/en/news/423-the-year-in-review-the-greek-olive-oil-world-in-2020>

Olive Oil Approved as a Food Supplement for the First Time

For the first time, an extra virgin olive oil has been officially approved as a food supplement: CardiOlea, a hydroxytyrosol supplement rich in antioxidants. (December 29, 2020)

<http://www.greekliquidgold.com/index.php/en/news/422-olive-oil-approved-as-a-food-supplement-for-the-first-time>

Greek Christmas Cookie Recipe with High Phenolic Olive Oil

Dr. Eleni Melliou shared her grandmother's recipe for melomakarona, traditional Greek Christmas cookies, made with healthy high phenolic extra virgin olive oil. (December 21, 2020)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/421-greek-christmas-cookie-recipe-with-high-phenolic-olive-oil>

Eureka High Phenolic Olive Oil to Raise Money for Research

The World Olive Center for Health and UC Davis Olive Center are selling "Eureka" High Phenolic Extra Virgin Olive Oil to raise money for olive oil research. (December 14, 2020)

<http://www.greekliquidgold.com/index.php/en/news/420-eureka-high-phenolic-olive-oil-to-raise-money-for-research>

Study Shows Extra Virgin Olive Oil Helps Deter Alzheimer's

The first study to use human volunteers to test the ability of extra virgin olive oil to delay the onset of Alzheimer's disease has yielded exciting results. (December 3, 2020)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/419-study-shows-extra-virgin-olive-oil-helps-deter-alzheimer-s>

World Olive Day Event: The Future of the Olive Oil Sector

The International Olive Council (IOC) invites the public to an online conference on "The Future of the Olive Oil Sector" on World Olive Day, November 26, 2020. (November 21, 2020)

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/418-world-olive-day-event-the-future-of-the-olive-oil-sector>

Olive Harvest, Olive Oil Creation Persist in Greek Lockdown

Greece's olive harvest and olive oil production continue during the country's second COVID-19 pandemic lockdown, with some labor shortages but no big problems. (November 14, 2020)

<http://www.greekliquidgold.com/index.php/en/news/417-olive-harvest-olive-oil-creation-persist-in-greek-lockdown>

Greek Producers Discuss Olive Oil Prospects for 2020-2021

This year's Greek olive harvest is not expected to yield a huge quantity of olive oil, but producers in different parts of Greece predict very good quality. (October 31, 2020)

<http://www.greekliquidgold.com/index.php/en/news/416-greek-producers-discuss-olive-oil-expectations-for-2020-21>

New Venture Embraces PDO Olive Oil from Sitia, Crete

A new company called LASITIA - Sitia Olive Oil S.A. was recently established to revitalize Sitia PDO olive oil and related brands from eastern Crete, Greece. (October 16, 2020)

<http://www.greekliquidgold.com/index.php/en/news/413-new-venture-embraces-pdo-olive-oil-from-sitia-crete>

Healthy Greek Extra Virgin Olive Oils Win Internat'l Awards

In 2020, Greek extra virgin olive oils earned numerous major awards for their health benefits as well as their flavor at international olive oil competitions. (September 15, 2020)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/412-healthy-greek-extra-virgin-olive-oils-win-internat-l-awards>

Greek Flavored Olive Oils Capture Top International Awards

A wide variety of Greek flavored olive oil condiments won top awards at major international olive oil competitions this year. (September 7, 2020)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/411-greek-flavored-olive-oils-capture-top-international-awards>

Top Award Winning Greek EVOO Companies Discuss 2020 Success

Greek Liquid Gold is spotlighting some of 2020's top award-winning Greek olive oil companies, starting with a few of the world's best extra virgin olive oils. (September 3, 2020)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/410-top-award-winning-greek-evoo-companies-discuss-2020-success>

Experiencing Greek Cuisine, Farms, EVOO, and Olive Groves

Greek agrotourism and food tourism ventures from Corinth and Mount Pelion to the Cyclades include olive oil tastings, farm visits, and local cooking lessons. (August 22, 2020)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/409-experiencing-greek-cuisine-farms-evoo-and-olive-groves>

Exploring Olive Oil Culture and Cuisine in Messinia, Greece

In the olive oil producing region of Messinia, Peloponnese, Greece, several agrotourism and culinary tourism businesses focus on Greek olives and olive oil. (August 16, 2020)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/408-exploring-olive-oil-culture-and-cuisine-in-messinia-greece>

Can Extra Virgin Olive Oil Help Us Fight COVID-19?

Extra virgin olive oil has antiviral, antioxidant, and anti-inflammatory compounds to help boost our immune system during the coronavirus pandemic and COVID-19. (July 23, 2020)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/407-can-extra-virgin-olive-oil-help-us-fight-covid-19>

Greek Olive Oil News Site Resumes Outreach to 200 Countries

The only wide-ranging English-language website focused on Greek olive oil news is again providing up-to-date information worldwide with 225 original articles. (July 10, 2020)

<http://www.greekliquidgold.com/index.php/en/about-us/406-greek-olive-oil-news-site-resumes-outreach-to-200-countries>

Women in Olive Oil: New Group Becomes a Global Movement

Women in Olive Oil is a new international network for women who work with olive oil. Founder Jill Myers and several Greek members discuss its plans and goals. (July 8, 2020)

<http://www.greekliquidgold.com/index.php/en/news/405-women-in-olive-oil-new-group-becomes-a-global-movement>

Greek Olive Oil Companies Offer Quality, Succor, and Health

Amidst the challenges of the COVID-19 pandemic, Greek olive oil companies have offered support for the health and safety of consumers, workers, and communities. (June 14, 2020)

<http://www.greekliquidgold.com/index.php/en/news/404-greek-olive-oil-companies-offer-quality-succor-and-health>

Greek Olive Oil Companies' Update in the Time of COVID-19

Three Greek olive oil companies provide updates on their differing responses to the coronavirus pandemic in Greece. (June 12, 2020)

<http://www.greekliquidgold.com/index.php/en/news/403-greek-olive-oil-companies-update-in-the-time-of-covid-19>

Glimpses from the Greek Olive Oil World During COVID-19

Three Greek olive oil companies exemplify the varied effects of social distancing and closures on businesses in Greece during the coronavirus pandemic. (April 26, 2020)

<http://www.greekliquidgold.com/index.php/en/news/402-glimpses-from-the-greek-olive-oil-world-during-covid-19>

Greek Olive Oil News Site Lacks Funding to Continue

The only wide-ranging English-language website focused on Greek olive oil news has stopped providing up-to-date information due to insufficient funding. (January 30, 2020)

<http://www.greekliquidgold.com/index.php/en/news/401-greek-olive-oil-news-site-lacks-funding-to-continue>

Olive Oil Health Benefits Discussed at Delphi Symposium

Experts gathered in Delphi, Greece at the 2nd International Yale Symposium on Olive Oil and Health in December 2019 to discuss the health benefits of olive oil. (January 6, 2020)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/400-olive-oil-health-benefits-discussed-at-delphi-symposium>

First Awards for Fresh Greek Olive Oil at 2019 Biolnovello

Competing with approximately 200 producers, Greek olive oil companies won 6 medals at the 2019 Biolnovello organic extra virgin olive oil competition in Italy. (December 30, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/399-first-awards-for-fresh-greek-olive-oil-at-2019-biolnovello>

Olive Oil Symposium at the Center of the Ancient World

Olive oil researchers, professionals, and producers from 7 countries attended the 2nd International Yale Symposium on Olive Oil and Health in Delphi, Greece. (December 13, 2019)

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/398-olive-oil-symposium-at-the-center-of-the-ancient-world>

Olive Oil in Laconia, Greece: Tradition, Food, and Family

For thousands of years, olive oil has been crucial to the family life, economy, and cuisine of the regional unit of Laconia in southeastern Peloponnese, Greece. (December 10, 2019)

<http://www.greekliquidgold.com/index.php/en/news/397-olive-oil-in-laonia-greece-tradition-food-and-family>

2nd International Yale Symposium on Olive Oil and Health

The 2nd International Yale Symposium on Olive Oil and Health will take place at the European Cultural Center of Delphi, Greece, December 1-4, 2019. (November 20, 2019)

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/395-2nd-international-yale-symposium-on-olive-oil-and-health>

Traditional Cretan Diet Recipes, for Health and Flavor

Olive oil rich recipes for meat, salad, seafood, and dip, by homemakers on the Greek island of Crete, from the Traditional Cretan Diet: The Secret of Longevity. (November 18, 2019)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/394-traditional-cretan-diet-recipes-for-health-and-flavor>

Olive Oil in Messinia, Greece: Economy, Gastronomy, Tourism

With 15 million olive trees, Messinia, Greece has viewed olive oil as an economic and culinary mainstay for millennia; now tourists are embracing it, too. (November 12, 2019)

<http://www.greekliquidgold.com/index.php/en/news/393-olive-oil-in-messinia-greece-economy-gastronomy-tourism>

Greek Olive Oils on World's Best Olive Oil Lists for 2019

There were 34 Greek "EVOOs of the Year" in the 2019 EVOO World Ranking of the world's best olive oils, plus many more honors for Greek extra virgin olive oils. (November 3, 2019)

<http://www.greekliquidgold.com/index.php/en/news/392-greek-olive-oils-on-world-s-best-olive-oil-lists-for-2019>

Greek Olive Oil Tourism: Observing, Learning, Tasting

Greek olive oil companies welcome international tourists to learn about olive oil production, types, and tasting in a variety of settings and facilities. (October 22, 2019)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/390-greek-olive-oil-tourism-observing-learning-tasting>

Greeks Respond to New American Tariffs on European Goods

Greeks respond to news that Spanish olive oil and olives, but not Greek olive oil or olives, are on a list of European goods subject to new American duties. (October 12, 2019)

<http://www.greekliquidgold.com/index.php/en/news/388-greeks-respond-to-new-american-tariffs-on-european-goods>

Expectations for the Greek Olive Harvest and Local Views

Olive oil production estimates for Greece have decreased from 300 thousand metric tons to 266 thousand due to a continuing drought, but high quality is expected. (October 6, 2019)

<http://www.greekliquidgold.com/index.php/en/news/387-expectations-for-the-greek-olive-harvest-and-local-views>

An Insider's Perspective on the Japanese Olive Oil Market

A Japanese olive oil taster and international olive oil judge shared inside knowledge of the Japanese olive oil market with Cretan dignitaries and producers. (September 24, 2019)

<http://www.greekliquidgold.com/index.php/en/more/for-greek-producers/386-an-insider-s-perspective-on-the-japanese-olive-oil-market>

Greek Olive Oils Shine at Olivinus Competition in Argentina

At the Olivinus International Olive Oil Competition in Argentina, Greek extra virgin olive oils won 10 awards, and Greek flavored olive oils took home 7 prizes. (September 20, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/385-greek-olive-oils-shine-at-olivinus-competition-in-argentina>

GAEA: International Ambassadors of Healthy Food and Living

Combining environmental and social consciousness with educational outreach, GAEA shares with the world traditional Greek products such as olive oil and olives. (September 19, 2019)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/384-gaea-international-ambassadors-of-healthy-food-and-living>

How to Buy and Store Tasty, Healthy Extra Virgin Olive Oil

Greek olive oil experts share advice about how to select and preserve extra virgin olive oil in order to retain its optimal flavor and maximum health benefits. (September 17, 2019)

<http://www.greekliquidgold.com/index.php/en/olive-oil-info/general-olive-oil-info/383-how-to-buy-and-store-tasty-healthy-extra-virgin-olive-oil>

Photo Essay: Greek Olive Tree Vistas in South Central Crete

In southern Crete, Greece, olive groves cover hillsides and valleys, approaching gorges, cliffs, and the sea and creating a picturesque agrotourism destination. (September 9, 2019)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/382-photo-essay-greek-olive-tree-vistas-in-south-central-crete>

Compound Found in Olive Oil Fights Breast Cancer Relapse

Oleocanthal, a phenolic compound in extra virgin olive oil, reduced the recurrence of one type of breast cancer in mice and limited the growth of other tumors. (August 16, 2019)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/381-compound-found-in-olive-oil-fights-breast-cancer-relapse>

Window on Greek Olive Oil World Celebrates 3rd Anniversary

Greek Liquid Gold: Authentic Extra Virgin Olive Oil, the only wide-ranging English language website about Greek olive oil, is celebrating its 3rd anniversary. (August 7, 2019)

<http://www.greekliquidgold.com/index.php/en/about-us/380-window-on-greek-olive-oil-world-celebrates-3rd-anniversary>

Remove Olive Oil from Prospective Tariff List, Urges NAOOA

The North American Olive Oil Association and others fear that US tariffs may be imposed on European olive oil due to a trade dispute over airplane manufacturers. (August 4, 2019)

<http://www.greekliquidgold.com/index.php/en/news/379-remove-olive-oil-from-prospective-tariff-list-urges-naooa>

Culinary Tourism in Athens: Venturing Beyond Restaurants

Popular food tourism spots in Athens include the Grocery Store of the Mediterranean Diet (Pantopoleion tis Mesogeiakis Diatrofis), Yoleni's, and Ergon House. (July 29, 2019)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/378-culinary-tourism-in-athens-venturing-beyond-restaurants>

Greek Olive Oils Honored at Selective Italian Competitions

In 2019, 5 Greek olive oil companies won acclaim for their excellent extra virgin olive oils at 4 very selective international olive oil competitions in Italy. (July 21, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/376-greek-olive-oils-honored-at-selective-italian-competitions>

Greek Olive Oils Earn 61 Awards at TerraOlivo in Israel

Vying with 471 olive oils from 20 countries at the 2019 TerraOlivo International Olive Oil Competition in Israel, Greek extra virgin olive oils won 61 awards. (July 15, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/375-greek-olive-oils-earn-61-awards-at-terraolivo-in-israel>

High Phenolic Olive Oil Helps Fight Cancer and Alzheimer's

The Olympia Health & Nutrition Awards ceremony in Athens spotlighted high phenolic olive oils and evidence of their ability to help fight many diseases, including leukemia, breast cancer, mild cognitive impairment, and Alzheimer's. (July 7, 2019)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/374-high-phenolic-olive-oil-helps-fight-cancer-and-alzheimer-s>

Olive Oil Tasting Seminar in Crete Educates Professionals

An olive oil tasting seminar in Rethymno, Crete helped Greek professionals who work with olive oil learn how to evaluate the oil in order to improve their work. (June 30, 2019)

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/373-olive-oil-tasting-seminar-in-crete-educates-professionals>

Greek Olive Oil Companies Support Diabetes Fundraiser

7 Greek olive oil companies donated their olive oil to the NAOOA's Olive Oil Tasting Fair and Fundraiser for the diabetes advocacy organization Beyond Type 1. (June 27, 2019)

<http://www.greekliquidgold.com/index.php/en/news/372-greek-olive-oil-companies-support-diabetes-fundraiser>

Olive Oil in "the Best Diet Overall," the Mediterranean Diet

A world-famous expert on the Mediterranean diet, Dr. Antonia Trichopoulou, emphasizes the health benefits of this diet and the importance of olive oil in it. (June 16, 2019)

<http://www.greekliquidgold.com/index.php/en/health-benefits/the-mediterranean-diet-health-benefits/370-olive-oil-in-the-best-diet-overall-the-mediterranean-diet>

Careful Work Yields Prizes for Greek Olive Oils at EVO IOOC

Competing with 431 olive oils at the EVO IOOC in Italy, Greek extra virgin olive oils won 20 Gold awards & 22 Silvers; Greek olive oil condiments won 8 prizes. (June 8, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/369-careful-work-yields-prizes-for-greek-olive-oils-at-evo-iooc>

Greek Olive Oils Win 134 Flavor and Health Awards in London

Greek extra virgin olive oils won 22 Gold awards, 29 Silvers, and 59 Bronzes, plus 10 health awards, at the 2019 London International Olive Oil Competition. (May 26, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/368-greek-olive-oils-win-134-flavor-and-health-awards-in-london>

The Art of Olive Oil: Athena IOOC Tasting and Awards Day

Before its awards ceremony in Athens, the Athena International Olive Oil Competition's unique tasting day featured 201 award winning extra virgin olive oils. (May 19, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/367-explosion-of-the-senses-athena-iooc-tasting-and-awards-day>

20 Greek Organic Olive Oils Win BIOL International Prizes

Competing with 350 olive oils from 15 countries, Greeks won 20 BIOL International Prizes for the best organic extra virgin olive oils (EVOOs) in the world. (May 5, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/366-20-greek-organic-olive-oils-win-biol-international-prizes>

Greek Olive Oil Producers Reflect on Their Success at JOOP

Competing with 242 samples from 10 countries, Greek olive oils earned 25 awards from an international jury at the 2019 Japan Olive Oil Prize (JOOP) competition. (April 27, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/364-greek-olive-oil-producers-reflect-on-their-success-at-joop>

Greek Olive Oil Company Reps Discuss Olive Japan Awards

Competing with 701 samples from 24 countries at Olive Japan, Greek olive oils won 3 Gold Medals and 28 Silvers. Top Greek winners discuss their awards and oils. (April 18, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/363-greek-olive-oil-company-reps-discuss-olive-japan-awards>

Greeks Discuss Olive Oil Quality and Athena IOOC Awards

Competing with 364 samples from 14 countries, Greek olive oils won 65 medals at the 4th edition of the Athena International Olive Oil Competition. (April 11, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/362-greeks-discuss-olive-oil-quality-and-athena-iooc-awards>

Medley of Greek Olive Oils Awarded at Kotinos Competition

At the 4th national Kotinos Olive Oil Competition in Athens, prizes went to Greek extra virgin olive oils made from 14 olive varieties from several regions. (March 31, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/361-medley-of-greek-olive-oils-awarded-at-kotinos-competition>

5th Cretan Olive Oil Competition: Rising Above Challenges

The 5th Cretan Olive Oil Competition celebrated excellent Greek extra virgin olive oils produced in Crete in this challenging harvest year. (March 25, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/360-5th-cretan-olive-oil-competition-rising-above-challenges>

Globetrotting Spanish Photographer Focuses on Cretan Olives

Last fall, a Spaniard traveling the world to photograph olive groves and olive oil production visited Crete, Greece to explore the history and culture of olives. (March 16, 2019)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/359-globetrotting-spanish-photographer-focuses-on-cretan-olives>

Celebrating Eternal Inspiration: Greek Women and Olive Oil

The efforts of Greek women of all ages are inspiring others in the Greek olive oil sector. (March 10, 2019)

<http://www.greekliquidgold.com/index.php/en/news/357-celebrating-eternal-inspiration-greek-women-and-olive-oil>

Celebrating Pioneering Women in the Greek Olive Oil World

In the Greek olive oil sector, various women have led the way in olive oil tasting, training, new types of competitions, research, and inventions. (March 8, 2019)

<http://www.greekliquidgold.com/index.php/en/news/356-celebrating-pioneering-women-in-the-greek-olive-oil-world>

Greek Olive Oils Win 23 Awards at 2019 Los Angeles IOOC

At the Los Angeles International Extra Virgin Olive Oil Competition this year, Greek extra virgin olive oils captured 23 quality awards and 14 design awards. (February 24, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/355-greek-olive-oils-win-23-awards-at-2019-los-angeles-iooc>

Wildflowers in the Olive Groves of Crete: Winter Photos

On the island of Crete in Greece, winter looks like spring, with multitudes of wildflowers blooming in the olive groves. Tourists should see this view of Greece. (February 11, 2019)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/354-wildflowers-in-the-olive-groves-of-crete-winter-photos>

Ambassador of Greek Gastronomy Shares Love for Olive Oil

Ambassador of Greek Gastronomy and celebrity chef Maria Loi celebrates the flavor and healthiness of the olive oil rich Greek diet in an interview. (January 26, 2019)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/353-ambassador-of-greek-gastronomy-shares-love-for-olive-oil>

2018/19 Worldwide Olive Oil Production Estimates Compared

Estimates for the 2018/19 harvest year's worldwide olive oil production range from 3.1 to 3.451 million metric tons, less than last year, but sufficient. (January 20, 2019)

<http://www.greekliquidgold.com/index.php/en/news/351-2018-19-worldwide-olive-oil-production-estimates-compared>

Greek Olive Oils Rank Among the Best in the World for 2018

According to the EVOO World Ranking, Greek olive oils won 437 awards in 20 contests in 2018, more than twice as many olive oil awards as in the previous year. (January 10, 2019)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/349-greek-olive-oils-rank-among-the-best-in-the-world-for-2018>

The Greek Olive Oil World in 2018: The Year in Review

For Greek olive oil companies, 2018 brought both triumphant innovations, discoveries, and awards, and challenging weather and pests, which some overcame. (December 31, 2018)

<http://www.greekliquidgold.com/index.php/en/news/347-the-greek-olive-oil-world-in-2018-the-year-in-review>

Bottle of Olive Oil from Ancient Greek Trees Sells for €510

The half liter of Greek olive oil auctioned off for 510 euros comes from a cooperative that preserves ancient olive trees while aiding their Cretan community. (December 29, 2018)

<http://www.greekliquidgold.com/index.php/en/news/346-bottle-of-olive-oil-from-ancient-greek-trees-sells-for-510>

Christmas in Greece: Customs, Cookies, and Cuisine

Greek and American Christmas traditions overlap in several ways, but Greece also has specific Orthodox customs and its own special baked goods and cuisine. (December 24, 2018)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/345-christmas-in-greece-customs-cookies-and-cuisine>

Greek Olive Oil Experts Speak at Chinese Olive Oil Summit

Greek olive oil experts Eleftheria Germanaki and Kostas Liris spoke at the Olive Oil Summit of the Food & Hotel China (FHC) 2018 exposition in Shanghai. (December 9, 2018)

<http://www.greekliquidgold.com/index.php/en/news/343-greek-olive-oil-experts-speak-at-chinese-olive-oil-summit>

Turning to Olive Oil: From Medicine, Law, Jewelry to Olives

Professionals from law, medicine, and business switched their focus to Greek extra virgin olive oil in order to give back to people and the environment. (November 27, 2018)

<http://www.greekliquidgold.com/index.php/en/news/342-turning-to-olive-oil-from-medicine-law-jewelry-to-olives>

Turning to Olive Oil: From the Classroom to the Olive Grove

Two teachers from Greek olive oil producing families decided to turn their interest in the sustainable production of olives and olive oil into business ventures. (November 18, 2018)

<http://www.greekliquidgold.com/index.php/en/news/341-turning-to-olive-oil-from-the-classroom-to-the-olive-grove>

Greek Olive Oil Companies Showcase Products at SIAL Paris

Greek olive oil companies showcased both classic and innovative olive oil and olive products at the world-famous SIAL Paris 2018 exhibition in October. (November 15, 2018)

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/340-greek-olive-oil-companies-showcase-products-at-sial-paris>

How to Taste and Select Your Extra Virgin Olive Oil

Written with Irini Kokolaki, a Greek expert virgin olive oil taster trained in Spain, who explains how to taste and select olive oil, describing types of olive oil and the tasting process. (November 12, 2018)

<http://www.greekliquidgold.com/index.php/en/olive-oil-info/general-olive-oil-info/339-how-to-taste-and-select-your-extra-virgin-olive-oil>

World Olive Day: Expanding Olive Oil Tourism in Crete

The 2nd World Olive Day 2018 event in Crete focused on olive oil tourism linked to archaeology, history, the diet, museums, factories, tastings, trees, and more. (November 4, 2018)

<http://www.greekliquidgold.com/index.php/en/news/338-world-olive-day-expanding-olive-oil-tourism-in-crete>

World Olive Day in Greece: Olive Oil Use in Restaurants

A World Olive Day event in Crete focused on the optimal use of olive oil in restaurants, exploring how to use and taste olive oil and how to link it to tourism. (October 30, 2018)

<http://www.greekliquidgold.com/index.php/en/news/337-world-olive-day-in-greece-olive-oil-use-in-restaurants>

Agrotourism Day in Crete: The Olive Harvest and Olive Mill

International visitors participated in a Greek olive harvest day, following the Kalligiannis family's olives from their trees to the village olive oil mill. (October 25, 2018)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/336-agrotourism-day-in-crete-the-olive-harvest-and-olive-mill>

Turning to Olive Oil: Two Women Head Back to Cretan Groves

Two educated Greek women turned their back on professional careers to return to family olive groves and pursue the olive oil business and agrotourism in Crete. (October 14, 2018)

<http://www.greekliquidgold.com/index.php/en/news/335-turning-to-olive-oil-two-women-head-back-to-cretan-groves>

Turning to Olive Oil: Why Greek Professionals Shift Gears

This is the first in a series of articles on Greek professionals from various fields who have changed careers by diverting their energies to the olive oil world. (October 8, 2018)

<http://www.greekliquidgold.com/index.php/en/news/334-turning-to-olive-oil-why-greek-professionals-shift-gears>

The Best Extra Virgin Olive Oils Transcend Boundaries

What do Greeks say to those who believe the best olive oil comes from Italy or Spain? They mention Greek quality, variety, production methods, and promotion. (September 4, 2018)

<http://www.greekliquidgold.com/index.php/en/olive-oil-info/general-olive-oil-info/333-the-best-extra-virgin-olive-oils-transcend-boundaries>

Let's Talk About Olive Oil with Two Young Greek Innovators

In their mill tour, seminar, and tasting, two innovative young Greek organic olive oil producers from Biolea and Pamako share both traditional and modern views. (August 26, 2018)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/331-let-s-talk-about-olive-oil-with-two-young-greek-innovators>

From an Ancient Olive Tree to Local Products in NE Crete

Tourists in NE Crete can visit the monumental olive tree of Kavousi, enjoy Panorama Café's great view, and buy traditional products at the Kipseli shop in Sitia. (August 17, 2018)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/329-from-an-ancient-olive-tree-to-local-products-in-ne-crete>

The Art of the Church and the Winery: Toplou Monastery

The fortified Toplou Monastery in Crete displays rare books, engravings, and Byzantine icons, and visitors can taste the monastery's local wine and olive oil. (August 14, 2018)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/328-the-art-of-the-church-and-the-winery-toplou-monastery>

Gateway to Greek Olive Oil Celebrates 2nd Anniversary

The Greek Liquid Gold: Authentic Extra Virgin Olive Oil website has been sharing news, information, stories, recipes and photos from the Greek olive oil world for 2 years. (August 8, 2018)

<http://www.greekliquidgold.com/index.php/en/about-us/327-gateway-to-greek-olive-oil-celebrates-2nd-anniversary>

Best Olive Oil Chef at Best Restaurant of the Year for 2017

The international olive oil guide Flos Olei judged Greek chef Vasilis Leonidou of the Kapsaliana Village Hotel Restaurant in Crete "Best Olive Oil Chef" in the world for 2017. (July 18, 2018)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/326-best-olive-oil-chef-at-best-restaurant-of-the-year-for-2017>

Greek Olive Oils Win 42 Awards at TerraOlivo Competition

Greek extra virgin olive oils won 42 awards at the 2018 TerraOlivo Mediterranean International Olive Oil Competition, competing with 506 oils from 20 nations. (July 11, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/325-greek-olive-oils-win-42-awards-at-terraolivo-competition>

Greek Extra Virgin Olive Oils Win Selective Italian Awards

Three Greek olive oil companies won distinctions at 4 prestigious international olive oil competitions in Italy that honor a very limited number of olive oils. (July 4, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/324-greek-extra-virgin-olive-oils-win-selective-italian-awards>

Sparta Groves and Sparta Union: We Try Harder

Sparta Groves carefully combines tradition with modern technology to make some of the healthiest, best extra virgin olive oil and flavored olive oil in Greece. (June 28, 2018)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/321-sparta-groves-and-sparta-union-we-try-harder>

Sakellaropoulos Olive Oil, Olives: Awarded Organic Quality

Sakellaropoulos Organic Farming produces many high quality tasty, healthy award winning table olives, extra virgin olive oils, and flavored olive oils. (June 19, 2018)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/319-sakellaropoulos-olive-oil-olives-awarded-organic-quality>

How to Use Extra Virgin Olive Oil: Suggestions from Greece

Greeks and chefs explain how to use olive oil in cooking, for finishing dishes, or raw with salads and bread, emphasizing its flavor and health benefits. (June 13, 2018)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/318-how-to-use-extra-virgin-olive-oil-suggestions-from-greece>

Olympia Awards, Studies Highlight Olive Oil Health Benefits

The 2018 Olympia Health & Nutrition Awards ceremony in Athens emphasized extra virgin olive oil's health benefits and scientific evidence of these benefits. (May 30, 2018)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/316-olympia-awards-studies-highlight-olive-oil-health-benefits>

70% of Greek Olive Oil Entries Win EVO IOOC Awards in Italy

At the EVO International Olive Oil Contest in Paestum, Italy this year, 70% of the Greek extra virgin olive oils that entered won a total of 52 awards. (May 25, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/315-70-of-greek-olive-oil-entries-win-evo-iooc-awards-in-italy>

Constructing the Commons: Olive/Oil/Light, Art Installation (with Elena Stavropoulou)

Architect Elena Stavropoulou created an art installation honoring the Greek olive oil production tradition for the Athena International Olive Oil Competition. (May 17, 2018)

<http://www.greekliquidgold.com/index.php/en/more/greek-innovations/314-constructing-the-commons-olive-oil-light-art-installation>

242 Premium Olive Oils and the Center of the Ancient World

A diverse group attended an olive oil tasting day in Athens for the 242 award winning extra virgin olive oils at the Athena International Olive Oil Competition. (May 16, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/313-242-premium-olive-oils-and-the-center-of-the-ancient-world>

Greek Extra Virgin Olive Oils Win 124 Awards in London

At the 2018 London International Olive Oil Competitions, Greek extra virgin olive oils won 99 quality awards and 25 awards for packaging and health benefits. (May 11, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/312-greek-extra-virgin-olive-oils-win-124-awards-in-london>

45 Greek Extra Virgin Olive Oils Awarded at Olive Japan

Greek extra virgin olive oils won 20 Gold Medals and 25 Silvers at Olive Japan this year, improving on last year's record in competition with 727 entries. (May 5, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/311-45-greek-extra-virgin-olive-oils-awarded-at-olive-japan>

Greek Winners Discuss Athena Olive Oil Competition Success

At the 3rd Athena International Olive Oil Competition, Greek extra virgin olive oils vied with 359 oils from 12 countries. Some of the top Greek winners discuss their success. (April 18, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/310-greek-winners-discuss-athena-olive-oil-competition-success>

Olive Challenge: Innovation in the Greek Olive Oil World

At the Olive Challenge Demo Day in Athens, ten cutting edge inventions and plans were honored in a unique Greek olive oil and olive sector innovation contest. (April 14, 2018)

<http://www.greekliquidgold.com/index.php/en/more/greek-innovations/309-olive-challenge-innovation-in-the-greek-olive-oil-world>

27 Greek Olive Oils Win BIOL Organic EVOO Awards in Italy

Greek winners discuss their success in a competition with more than 500 organic extra virgin olive oils from around the world at the BIOL competition in Italy. (April 9, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/308-27-greek-olive-oils-win-biol-organic-evoo-awards-in-italy>

Greek Olive Oil Lover Goes to Spain to Become Expert Taster (with Irimi Kokolaki)

Greek olive oil producer Irimi Kokolaki's in-depth education in olive oil tasting combined scientific theory with practice in the laboratory and on-site visits (March 30, 2018)

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/306-greek-olive-oil-lover-goes-to-spain-to-become-expert-taster>

Cretan Olive Oil Competition 2018: Complete Results

The best Cretan extra virgin olive oils out of 100 in the 2018 Cretan Olive Oil Competition in Rethymno received 6 awards and 16 honorable mentions. (March 23, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/305-cretan-olive-oil-competition-2018-complete-results>

Kotinos Olive Oil Awards Highlight Various Greek Regions

The Filaios Olive Oil Society presented awards to 39 Greek olive oils at the third Kotinos Quality Competition for packed, branded extra virgin olive oils. (March 21, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/304-kotinos-olive-oil-awards-highlight-various-greek-regions>

Food Expo Conversations with Greek Olive Oil Companies

A few of the excellent Greek extra virgin olive oil companies exhibiting at the Food Expo in Athens in 2017 shared information and anecdotes.

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/303-food-expo-conversations-with-greek-olive-oil-companies>

Greek Extra Virgin Olive Oils Win Awards in Los Angeles

Greek extra virgin olive oils took home many quality and design awards at this year's Los Angeles International Extra Virgin Olive Oil Competition. Several of the top Greek winners explained what this means to them and how they managed to produce such excellent olive oils. (March 1, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/302-greek-extra-virgin-olive-oils-win-awards-in-los-angeles>

Pamako Healthy High Phenolic Organic Extra Virgin Olive Oil

The innovative olive oil company Pamako (meaning "medicine") produces organic, high phenolic extra virgin olive oil that is lauded for both its health benefits and its flavor. (February 21, 2018)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/301-pamako-healthy-high-phenolic-organic-extra-virgin-olive-oil>

High Oleocanthal Olive Oil Slows Down Alzheimer's in Mice

A recent American study suggests oleocanthal rich extra virgin olive oil should be designated a "medical food" since it can treat Alzheimer's disease in mice. (February 11, 2018)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/300-high-oleocanthal-olive-oil-slows-down-alzheimer-s-in-mice>

Greek Olive Oil Companies Respond to New Restaurant Law

With a new law requiring single-use bottled and branded olive oil on restaurant tables in Greece, Greek olive oil companies offer high quality in small bottles. (January 23, 2018)

<http://www.greekliquidgold.com/index.php/en/news/297-greek-olive-oil-companies-respond-to-new-restaurant-law>

Greek Olive Oil on Greek Restaurant Tables: New Regulation

Praised by industry leaders, a new law in Greece requires the olive oil on restaurant tables to be in sealed, non-refillable or disposable, labeled bottles. (January 21, 2018)

<http://www.greekliquidgold.com/index.php/en/news/296-greek-olive-oil-on-greek-restaurant-tables-new-regulation>

Greek Olive Oils on World's Best Olive Oil Lists for 2017

Recognized as some of the best olive oils in the world, Greek extra virgin olive oils demonstrate high quality born of hard work and passion. (January 16, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/295-greek-olive-oils-on-world-s-best-olive-oil-lists-for-2017>

First Greek Olive Oil Awards of the Season at Biolnovello

Six Greek early harvest organic extra virgin olive oils won prizes at the first international competition of the 2017/18 harvest year, Biolnovello, last month. (January 5, 2018)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/294-first-greek-olive-oil-awards-of-the-season-at-biolnovello>

2017/18 Olive Oil Production in Greece: Producer Perspectives

Greek olive oil experts and Greek olive oil producers discuss their expectations for increased Greek olive oil production during the 2017/18 harvest year. (December 29, 2017)

<http://www.greekliquidgold.com/index.php/en/news/293-2017-18-olive-oil-production-in-greece-producer-perspectives>

2017/18 Worldwide Olive Oil Production Estimates Compared

Worldwide olive oil production is expected to grow to 2,430,000 to 2,894,000 metric tons in 2017/18, with decreases in Spain balanced by increases elsewhere. (December 29, 2017)

<http://www.greekliquidgold.com/index.php/en/news/292-2017-18-worldwide-olive-oil-production-estimates-compared>

Cooperation and Smart Farming Key for EU Olive products

Advocating smart farming, promotional programs, and pan-European cooperation, Vasilis Pyrgiotis hopes to help rebalance the European olive and olive oil sector. (December 22, 2017)

<http://www.greekliquidgold.com/index.php/en/news/291-cooperation-and-smart-farming-key-for-eu-olive-products>

World Olive Day in Crete: Culture, Quality, and the Economy

A World Olive Day event in Chania, Crete focused on Cretan olive oil sector concerns and successes, including a children's play and awards for olive mills. (November 20, 2017)

<http://www.greekliquidgold.com/index.php/en/news/288-world-olive-day-in-crete-culture-quality-and-the-economy>

Olive Mill Experiential Learning: Hands-On and Minds-On

Last year, Terra Creta hired a teacher to develop a specialized experiential learning program about Greek olive oil and its production for students in Crete. (November 10, 2017)

<http://www.greekliquidgold.com/index.php/en/more/greek-innovations/287-olive-mill-experiential-learning-hands-on-and-minds-on>

Olive Oil Health Benefits (Update)

This is an overview of olive oil's health benefits (helping prevent cancer, strokes, diabetes, etc.) followed by links to some of the best articles with evidence for them. (October 16, 2017)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/164-health-benefits>

Four Seasons for Visiting the Olive Groves of Greece

In olive oil producing countries like Greece, tourists can wander through olive groves all year round, admiring the beauty of olive groves in each season. (September 26, 2017)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/280-four-seasons-for-visiting-the-olive-groves-of-greece>

ACAIA Olive Oils and More from HAE: Tradition from Lesbos

Founded in 2013, Hellenic Agricultural Enterprises (HAE) features ACAIA extra virgin olive oil, Aeolian Olive olive oil, L&KO olive oil, and more from Lesbos. (September 22, 2017)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/279-acaia-olive-oils-and-more-from-hae-tradition-from-lesvos>

Cretan Seminar on Olive Oil Quality Highlights Improvement

A seminar on olive oil quality in Rethymno, Crete, Greece covered olive oil competitions, successes, and the importance of continuing to strive for improvement. (September 17, 2017)

<http://www.greekliquidgold.com/index.php/en/more/conferences-classes/278-cretan-seminar-on-olive-oil-quality-highlights-improvement>

Athena International Olive Oil Competition: "Greece IS olive oil"

Created by wine experts who compare olive oil and wine tasting, the Athena International Olive Oil Competition highlights Greece's place in the olive oil world. (September 12, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/276-athena-int-l-olive-oil-competition-greece-is-olive-oil>

Sustainable Tourism, Agrotourism, and Food Tourism in Crete

The TUI Care Foundation and the Association of Cretan Olive Municipalities are helping promote sustainable agrotourism focused on wine and olive oil in Crete. (August 25, 2017)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/275-sustainable-tourism-agrotourism-and-food-tourism-in-crete>

Agrotourism, Food Tourism, and Greece: Perfect Together

Agrotourism (or agritourism) and food tourism (or culinary tourism) offer overlapping attractions and activities to those seeking alternative tourism in Greece. (August 19, 2017)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/274-agrotourism-food-tourism-and-greece-perfect-together>

Happy First Birthday, Greek Liquid Gold!

The world's first independent English-language website focused on Greek olive oil, Greek Liquid Gold: Authentic Extra Virgin Olive Oil, is one year old today. (August 8, 2017)

<http://www.greekliquidgold.com/index.php/en/about-us/201-press-release-new-in-english-a-website-all-about-greek-olive-oil>

Anoskeli: Quality Olive Oil and Wine from a Cretan Village

Anoskeli, a family business, produces high quality Greek extra virgin olive oil and wine in a Cretan village in the foothills of the White Mountains. (August 8, 2017)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/273-anoskeli-quality-olive-oil-and-wine-from-a-cretan-village>

Yanni's Olive Grove: Innovation for Quality and Health

In Chalkidiki, northern Greece, Yanni's Olive Grove seeks education and innovation in order to produce healthy, tasty, award winning extra virgin olive oils. (August 1, 2017; with Evi Psounou Prodomou)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/272-yanni-s-olive-grove-innovation-for-quality-and-health>

First Estimates for 2017/18 Olive Oil Production Compared

The first estimates of olive oil production levels in the major olive oil producing nations in the next crop year suggest a significant increase over this year. (July 13, 2017)

<http://www.greekliquidgold.com/index.php/en/news/270-first-estimates-for-2017-18-olive-oil-production-compared>

Greek Winners at the Terra Olivo Olive Oil Competition

At the 2017 Terra Olivo International Olive Oil Competition in Jerusalem, Greek extra virgin olive oils received 34 awards, including 4 Grand Prestige Golds. (July 9, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/269-greek-winners-at-the-terra-olivo-olive-oil-competition>

Can Extra Virgin Olive Oil Stop the Descent to Alzheimer's?

Alzheimer Hellas and Yanni's Olive Grove have begun a clinical trial to evaluate the effect of EVOO on amnesic patients with Mild Cognitive Impairment. (July 6, 2017)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/268-can-extra-virgin-olive-oil-stop-the-descent-to-alzheimer-s>

Healthy Greek Olive Oils Receive Olympia Awards in Athens

At the Olympia Health & Nutrition Awards ceremony in Athens, 50 producers of extra healthy olive oil with over 1000 mg/kg of phenolics received Gold Awards. (July 2, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/267-healthy-greek-olive-oils-receive-olympia-awards-in-athens>

Healthy Greek Olive Oils Awarded at Convention in Spain

When the Oleocanthal International Society convened last month, healthy Greek extra virgin olive oils won several awards at the World Best Healthy EVOO Contest. (June 22, 2017)

<http://www.greekliquidgold.com/index.php/en/news/266-healthy-greek-olive-oils-awarded-at-convention-in-spain>

Biolea: Stone Mill Destination, Organic Olive Oil Creation

Lovely scenery and an updated, hygienic version of a traditional stone mill and olive press make Biolea a popular agrotourism destination in Crete, Greece. (June 15, 2017)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/265-biolea-stone-mill-destination-organic-olive-oil-creation>

London International Olive Oil Competition: Greek Winners

At the 2017 London International Olive Oil Competition, many Greek extra virgin olive oils received awards for Quality, Design, and a new Health Claim category. (May 31, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/263-london-international-olive-oil-competition-greek-winners>

Olive Oil Prices Vary; Greece Offers Excellent Options

Recent olive oil price increases are neither universal nor uniform; excellent extra virgin olive oil is still available at reasonable prices in Greece. (May 25, 2017)

<http://www.greekliquidgold.com/index.php/en/news/261-olive-oil-prices-vary-greece-offers-excellent-options>

70% of Greek Olive Oils Win at Domina Competition in Italy

At the 2nd edition of the Domina International Olive Oil Competition in Palermo, Italy, 70% of the Greek olive oils entered received Gold or Silver medals. (May 21, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/260-70-of-greek-olive-oils-win-at-domina-competition-in-italy>

E-La-Won: Looking to the Past, We Advance into the Future

Ancient language teacher Ioannis Kampouris adds edible gold flakes to the luxury version of Elawon extra virgin olive oil, winning awards for quality & health. (May 16, 2017)

<http://www.greekliquidgold.com/index.php/en/olive-oil-companies/olive-oil-companies-profiles/258-e-la-won-looking-to-the-past-we-advance-into-the-future>

Greek Extra Virgin Olive Oils Honored at Olive Japan IOOC

Competing with 611 entries from 21 countries, Greek olive oils won 27 medals at the prestigious Olive Japan International Extra Virgin Olive Oil Competition. (May 15, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/257-greek-extra-virgin-olive-oils-honored-at-olive-japan-iooc>

Greek Organic Extra Virgin Olive Oils Receive BIOL Awards

Greek olive oils won 8 BIOL Gold Medals and 12 BIOL Silvers in one of the most important international competitions focused on organic extra virgin olive oils. (May 7, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/255-greek-organic-extra-virgin-olive-oils-receive-biol-awards>

Anoskeli Olive Mill, Winery, and Tasting Room in NW Crete

Visit an olive mill and a winery together in the village of Anoskeli in the foothills of the White Mountains of Crete, then taste Anoskeli's olive oil and wine. (April 26, 2017)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/253-anoskeli-olive-mill-winery-and-tasting-room-in-nw-crete>

Greek Success at Athena International Olive Oil Competition

Some of the best Greek extra virgin olive oil producers comment on their success at the Athena International Olive Oil Competition held in Messinia, Peloponnese last month. (April 13, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/250-greek-success-at-athena-international-olive-oil-competition>

Greek Winners at the Los Angeles Olive Oil Competition

The complete list of Greek award winning olive oils at the Los Angeles International Extra Virgin Olive Oil Competition follows the top winners' comments. (April 1, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/247-greek-winners-at-the-los-angeles-olive-oil-competition>

Kotinos 2017 Awards Ceremony Shares Greek Olive Oil Glory

The Kotinos 2017 Olive Oil Competition Awards Ceremony highlighted the accomplishments of some of the best Greek extra virgin olive oil producers. (March 27, 2017)

<http://www.greekliquidgold.com/index.php/en/more/competitions-awards/245-kotinos-2017-awards-ceremony-shares-greek-olive-oil-glory>

Virginity: What Difference Does It Make for Olive Oil?

Alexandra Devarenne discusses the differences between types of olive oil, the ways they are produced and defined, and cooking with virgin and extra virgin olive oil. (March 5, 2017)

<http://www.greekliquidgold.com/index.php/en/olive-oil-info/types-of-olive-oil/241-virginity-what-difference-does-it-make-for-olive-oil>

Extra Virgin Alliance: Olive Oil Education and Celebration

Alexandra Devarenne, co-founder of the Extra Virgin Alliance (EVA), explained the goals of EVA on a recent visit to Greece. (March 2, 2017)

<http://www.greekliquidgold.com/index.php/en/more/for-greek-producers/240-extra-virgin-alliance-olive-oil-education-and-celebration>

American Olive Oil Expert's Hints for Greek Producers

American olive oil expert Alexandra Devarenne discusses the status of Greek olive oil in the USA and how Greek companies can break into the American market. (March 1, 2017)

<http://www.greekliquidgold.com/index.php/en/more/for-greek-producers/239-american-olive-oil-expert-s-hints-for-greek-producers>

American Olive Oil Expert Visits Greece, Discusses EVOO

American olive oil expert Alexandra Kicenik Devarenne discusses the "wonderful world" of olive oil and Americans' lack of familiarity with Greek olive oil. (February 27, 2017)

<http://www.greekliquidgold.com/index.php/en/news/238-american-olive-oil-expert-visits-greece-discusses-evoo>

With World Olive Oil Supply Down 8%, Greeks Offer Value

With the world olive oil supply down 8% and olive oil prices and demand increasing, Greece offers extra virgin olive oil at competitive prices for a good value. (February 18, 2017)

<http://www.greekliquidgold.com/index.php/en/news/236-with-world-olive-oil-supply-down-8-greeks-offer-value>

Healthy Greek Olive Oil Bottled and Consumed Like Medicine

OLEO, an organic Greek extra virgin olive oil in a 150 ml bottle, is now being marketed as a new nutritional supplement with many potential health benefits. (February 8, 2017)

<http://www.greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/235-healthy-reek-olive-oil-bottled-and-consumed-like-medicine>

Greek Olive Oils on List of World's Best Olive Oils

Several Greek olive oils were recently recognized as some of the best olive oils in the world, based on their success in international olive oil competitions. (January 21, 2017)

<http://www.greekliquidgold.com/index.php/en/news/234-greek-olive-oils-on-list-of-world-s-best-olive-oils>

Icicles on Olive Branches: Storms and Cold Strike Greece

Olive farmers are considering how unusual amounts of snow and ice and atypically cold temperatures in Greece may affect next year's crops and olive oil. (January 11, 2017)

<http://www.greekliquidgold.com/index.php/en/news/233-icicles-on-olive-branches-storms-and-cold-strike-greece>

New Year's Resolution: Less Sugar, More Olive Oil

Resolved to eat more healthy food such as olive oil and less added sugar in the New Year? Stop the sugar, increase the tasty healthy foods, enjoy sweet treats. (December 31, 2016)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/231-new-year-s-resolution-less-sugar-more-olive-oil>

Terra Creta is Sole Olive Oil Company at Brussels SME Event

Terra Creta olive oil company in Crete, Greece joined the European Small and Medium Sized Enterprises (SME) Week celebration in Brussels last month. (December 21, 2016)

<http://www.greekliquidgold.com/index.php/en/news/230-terra-creta-is-sole-olive-oil-company-at-brussels-sme-event>

Competitions for the Healthiest Olive Oils Multiply In 2017

In 2017, 4 international olive oil competitions will follow last June's Olympia Health and Nutrition Awards to reward some of the world's healthiest olive oils. (December 10, 2016)

<http://www.greekliquidgold.com/index.php/en/news/228-competitions-for-the-healthiest-olive-oils-multiply-in-2017>

Olive Oil Discussion, Drama, and Hotel Awards in Rethymno

World Olive Day celebrations in Rethymno, Crete focused on olive oil in a documentary film, speeches, children's theater, and awards for hotels that promote olive oil. (December 9, 2016)

<http://www.greekliquidgold.com/index.php/en/news/227-olive-oil-discussion-drama-and-hotel-awards-in-rethymno>

Greek Olive Oil 2016-17: Reduced Quantity, Varied Quality

Greek olive oil production is expected to fall to 200,000 metric tons or less for the 2016/17 crop year, with quality ranging from disappointing to excellent. (December 8, 2016)

<http://www.greekliquidgold.com/index.php/en/news/225-greek-olive-oil-2016-17-reduced-quantity-varied-quality>

2016 Olive Oil Production in Greece: Producer Perspectives

Greek olive oil producers discuss their expectations for a reduced quantity of olive oil and varied olive oil quality in Greece during the 2016/17 crop year. (December 8, 2016)

<http://www.greekliquidgold.com/index.php/en/news/226-2016-olive-oil-production-in-greece-producer-perspectives>

Cretan Olive Mill Awards for Best Milling, Sales Practices

A World Olive Day event in Chania, Crete awarded Cretan olive mills with the best methods of olive mill operation, olive oil extraction, olive oil distribution. (December 6, 2016)

<http://www.greekliquidgold.com/index.php/en/news/224-cretan-olive-mill-awards-for-best-milling-sales-practices>

Healthy Olive Oil Polyphenols in a New Softgel Capsule

Made with Greek olive oil, the new Olea Health olive oil softgel capsules offer a high concentration of healthy olive oil polyphenols with very few calories. (December 3, 2016)

<http://www.greekliquidgold.com/index.php/en/news/223-healthy-olive-oil-polyphenols-in-a-new-softgel-capsule>

Pancakes with Apple, Orange, and Olive Oil: Family Favorite

Sugar-free apple-orange pancakes made with extra virgin olive oil (olive oil pancakes), the one food every member of my family enjoys, tasty enough to eat plain. (November 27, 2016)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/222-pancakes-with-apple-orange-and-olive-oil-family-favorite>

World Olive Day in Greece: Education and Celebration

On November 26, World Olive Day, various lectures, presentations, discussions, tastings, and other events about olives and olive oil took place in Greece. (November 26, 2016)

<http://www.greekliquidgold.com/index.php/en/news/221-world-olive-day-in-greece-education-and-celebration>

A Greek Olive Oil Addict's Approach to Thanksgiving

Recipe suggestions for a healthier Thanksgiving, with more olive oil and no butter. (November 22, 2016)

<http://www.greekliquidgold.com/index.php/en/recipes-with-olive-oil/220-a-greek-olive-oil-addict-s-approach-to-thanksgiving>

Study: Can Olive Trees Endure Drought and High Salinity?

An investigation of the effect of salinity and drought on four different olive cultivars considers how well olive trees can grow in inhospitable conditions. (November 12, 2016)

<http://greekliquidgold.com/index.php/en/news/216-study-can-olive-trees-endure-drought-and-high-salinity>

Terra Creta's Olive Oil Joins EU-GATEWAY Mission in Korea

With its organic olive oil and balsamic vinegar, Terra Creta participated in the EU-GATEWAY mission to promote EU organic products in Korea. (November 10, 2016)

<http://greekliquidgold.com/index.php/en/news/214-terra-creta-s-olive-oil-joins-eu-gateway-mission-in-korea>

Olive Oil Expert Discusses Tasting and Cooking with EVOO

Dr. Saverio Pandolfi, an Italian olive oil expert, discussed tasting Greek olive oils and cooking with extra virgin olive oil during a visit to Crete, Greece. (November 2, 2016)

<http://greekliquidgold.com/index.php/en/recipes-with-olive-oil/211-olive-oil-expert-discusses-tasting-and-cooking-with-evoo>

Producers Learn Health Benefits of High Phenolic Olive Oil

Dr. Prokopios Magiatis and Dr. Eleni Melliou discussed the health benefits of high phenolic olive oil, its economic value to producers, and how to make it. (October 21, 2016)

<http://greekliquidgold.com/index.php/en/health-benefits/olive-oil-health-benefits/209-producers-learn-health-benefits-of-high-phenolic-olive-oil>

2016-17 Worldwide Olive Oil Production Estimates Compared

Worldwide olive oil production is not expected to decrease more than 7 to 11% in comparison to last year, and major price increases are not anticipated. (October 11, 2016)

<http://greekliquidgold.com/index.php/en/news/207-2016-17-worldwide-olive-oil-production-estimates-compared>

Olive and Olive Oil Update: Northern Greece and Peloponnese

Fewer table olives at lower prices in Halkidiki, Greece may mean more olive oil; farther south in Peloponnese, there is debate on expected olive oil prices. (October 10, 2016)

<http://greekliquidgold.com/index.php/en/news/206-olive-and-olive-oil-update-northern-greece-and-peloponnese>

Ten Big Awards for Greek Olive Oils at OLIVINUS Competition

Seven Greek olive oil companies won 10 of the awards at one of the world's most eminent extra virgin olive oil contests, the OLIVINUS competition in Argentina. (October 6, 2016)

<http://greekliquidgold.com/index.php/en/news/205-ten-big-awards-for-greek-olive-oils-at-olivinus-competition>

Hidden Gems of Southern Crete: Cuisine, Sea, and Scenery

South central Crete has wonderful beaches, striking views, and restaurants featuring fresh, traditional Cretan food in the birthplace of the Mediterranean diet. (October 4, 2016)

<http://greekliquidgold.com/index.php/en/agrotourism-food-tourism/204-hidden-gems-of-southern-crete-cuisine-sea-and-scenery>

Greek Olive Farmers Discuss Crops as Early Harvest Begins

Greek olive producers explain the reasoning behind olive oil production estimates for the upcoming harvest in various regions of Greece. (September 24, 2016)

<http://greekliquidgold.com/index.php/en/news/202-greek-olive-farmers-discuss-crops-as-early-harvest-begins>

Olive Oil Prices in Greece: Influences and Estimates

Greek producers estimate prices for olive oil from the upcoming harvest, while Stamatis Alamaniotis discusses the influences on olive oil pricing. (September 22, 2016)

<http://greekliquidgold.com/index.php/en/news/200-olive-oil-prices-in-greece-influences-and-estimates>

Botanical Park of Crete: Utopia of Flowers, Fruit, & Food

The Botanical Park & Gardens of Crete offers natural beauty, walking paths, information, and tasty food in a restaurant featuring its own produce and olive oil. (August 27, 2016)

<http://greekliquidgold.com/index.php/en/agrotourism-food-tourism/196-botanical-park-of-crete-utopia-of-flowers-fruit-food>

Olive Oil Tasting Class at Terra Creta in Kolymvari, Crete

Terra Creta in Kolymvari, Crete, Greece offers a 3½ hour seminar on the organoleptic evaluation of olive oil (olive oil tasting) for tourists and professionals. (August 16, 2016)

<http://www.greekliquidgold.com/index.php/en/agrotourism-food-tourism/194-olive-oil-tasting-class-at-terra-creta-in-kolymvari-crete>

The Olive Oil Sector's Prospects, Challenges, and Future

The Tunisian National Office for Olive Oil organized a conference in Hammamet, Tunisia on July 13, alongside the International Olive Council's (IOC) extraordinary session. At the conference, the representatives of associations from olive oil producing countries presented their views on the olive oil sector's opportunities, challenges, and threats. (August 11, 2016)

<http://greekliquidgold.com/index.php/en/news/192-the-olive-oil-sector-s-prospects-challenges-and-future>

OIS Conference Focuses on Health Benefits of the Polyphenols in Olive Oil

This June in Ancient Olympia, Greece, the Oleocanthal International Society (OIS) held its third conference to discuss research on the health benefits of oleocanthal and other phenols in extra virgin olive oil, a key component of the Mediterranean diet. It attracted over 400 participants, including an unusual mix of scientists and olive oil producers. (August 9, 2016)

<http://greekliquidgold.com/index.php/en/news/191-ois-conference-focuses-on-health-benefits-of-the-polyphenols-in-olive-oil>

Olive Oil Revolution in the Birthplace of the Olympic Games

This Olympic year, the Oleocanthal International Society (OIS) inaugurated a new type of international olive oil competition at Ancient Olympia, Greece: an objective competition based on a chemical analysis of the amount of health-protective polyphenols in 565 extra virgin olive oils (EVOOs) from Greece, Spain, Italy, USA, Cyprus, Morocco and Uruguay. (August 8, 2016)

<http://greekliquidgold.com/index.php/en/news/190-olive-oil-revolution-in-the-birthplace-of-the-olympic-games>

Original Articles and Letters for Other Publications

Letter to the Editor: Concerns about Recent Greek Olive Oil Article (November 12, 2023)

<https://www.thenationalherald.com/letter-to-the-editor-concerns-about-recent-greek-olive-oil-article/>

Citations to My Writing, Adaptations, and Republications ***

The Mediterranean 'Best Diet Overall' Is More than a Diet (February 19, 2024)

<https://www.thenationalherald.com/the-mediterranean-best-diet-overall-is-more-than-a-diet/>

Can the Mediterranean 'best diet overall' get even better? (February 16, 2024)

<https://greekherald.com.au/lifestyle/can-the-mediterranean-best-diet-overall-get-even-better/>

Expert says extra virgin olive oil can help stop Alzheimer's (February 9, 2024)

<https://greekherald.com.au/news/expert-says-extra-virgin-olive-oil-can-help-stop-alzheimers/>

Expert Says Extra Virgin Olive Oil Can Help Stop Alzheimer's (January 24, 2024)

<https://www.thenationalherald.com/expert-says-extra-virgin-olive-oil-can-help-stop-alzheimers/>

The Hellenic Olive Network – An Important Initiative Begins (December 15, 2023)

<https://www.thenationalherald.com/the-hellenic-olive-network-an-important-initiative-begins/>

The 2nd Annual Cretan Lifestyle Conference with Hands-On Experiences (December 13, 2023)

<https://www.thenationalherald.com/the-2nd-annual-cretan-lifestyle-conference-with-hands-on-experiences/>

Crete's Lifestyle Celebrated with Hands-On Experiences (December 13, 2023)

<https://greekreporter.com/2023/12/13/crete-lifestyle-conference/>

Considering Health, Olive Oil Is Not So Expensive After All (December 6, 2023)

<https://www.thenationalherald.com/considering-health-olive-oil-is-not-so-expensive-after-all/>

--The Australian Olive Association December 8 newsletter linked to this near the end, with a quotation and "We agree!"

Innovators collaborate to merge old and new at Cretan olive mill (December 1, 2023)

<https://greekherald.com.au/food/innovators-collaborate-to-merge-old-and-new-at-cretan-olive-mill/>

Innovators Collaborate to Merge Old and New in Olive Mill (November 27, 2023)

<https://www.thenationalherald.com/innovators-collaborate-to-merge-old-and-new-in-olive-mill>

Letter to the Editor: Concerns about Recent Greek Olive Oil Article (November 12, 2023)

<https://www.thenationalherald.com/letter-to-the-editor-concerns-about-recent-greek-olive-oil-article/>

Why Buy Greek Olive Oil? Flavor, Health, History, Quality (November 11, 2023)

<https://www.thenationalherald.com/why-buy-greek-olive-oil-flavor-health-history-quality/>

Megafire Burns 120,000 Olive Trees in Evros, Northeastern Greece (October 12, 2023)

<https://www.thenationalherald.com/megafire-burns-120000-olive-trees-in-evros-northeastern-greece/>

High Olive Oil Prices Worldwide: Are They Worth Paying? (October 12, 2023)

<https://www.thenationalherald.com/high-olive-oil-prices-worldwide-are-they-worth-paying/>

High Olive Oil Prices Worldwide: Are They Worth Paying? (October 10, 2023)

<https://greekreporter.com/2023/10/10/high-olive-oil-prices-worth-paying/>

Top Greek olive oils at Athena International Competition hail from various areas (August 11, 2023)

<https://greekherald.com.au/community/top-greek-olive-oils-at-athena-international-competition-hail-from-various-areas/>

Kotinos Olive Oil Contest Features Several Greek Varieties (July 28, 2023)

<https://www.thenationalherald.com/kotinos-olive-oil-contest-features-several-greek-varieties/>

Extending the benefits of the Mediterranean diet worldwide (July 7, 2023)

<https://greekherald.com.au/opinion/extending-the-benefits-of-the-mediterranean-diet-worldwide/>

The Law on Olive Oil in Greek Restaurants Under Scrutiny (June 30, 2023)

<https://greekreporter.com/2023/06/30/law-olive-oil-greek-restaurants/>

Olive Oil in Halkidiki, Greece: Land of Big, Green Olives (June 8, 2023)

<https://www.thenationalherald.com/olive-oil-in-halkidiki-greece-land-of-big-green-olives/>

Greek olive oils capture 52 prizes at Olive Japan 2023 (June 2, 2023)

<https://greekherald.com.au/lifestyle/greek-olive-oils-capture-52-prizes-at-olive-japan-2023/>

The Cretan Lifestyle Conference: Wellness, Food and Culture (Issue 23, April 2023)

<https://themediterraneanlifestyle.com/access-digital-issues>

Healthy and Sustainable: The Secrets of the Cretan Diet (March 29, 2023)

<https://www.greece-is.com/healthy-sustainable-secrets-cretan-diet/>

Nature's Sculpture: The Ancient Olive Tree of Vouves, Crete (December 27, 2022)

<https://www.greece-is.com/natures-sculpture-the-ancient-olive-tree-of-vouves-crete/>

Ancient Rokka and the landscape of northwest Crete (December 23, 2022)

<https://greekherald.com.au/lifestyle/ancient-rokka-and-the-landscape-of-northwest-crete/>

The Cretan Lifestyle Conference: Exploring Wellness, Food and Culture (November 25, 2022)

<https://greekherald.com.au/culture/the-cretan-lifestyle-conference-exploring-wellness-food-and-culture/>

The Cretan Lifestyle Conference: Exploring wellness, food and culture (November 21, 2022)

<https://www.tornosnews.gr/en/tourism-businesses/thematic-tourism/47909-the-cretan-lifestyle-conference-exploring-wellness-food-and-culture.html>

New Hellenic Center for Excellence in Health and Wellness (September 13, 2022)

<https://www.thenationalherald.com/new-hellenic-center-for-excellence-in-health-and-wellness/>

New Hellenic Center for Excellence in Health and Wellness to open in the US (September 9, 2022)

<https://greekherald.com.au/lifestyle/new-hellenic-center-for-excellence-in-health-and-wellness-to-open-in-the-us/>

New Hellenic Center for Excellence in Health and Wellness Established on Crete (September 5, 2022)

<https://www.greece-is.com/news/new-hellenic-center-excellence-health-wellness-established-crete/>

Spanakopita: A Cretan mother's recipe for a Greek classic (August 26, 2022)

<https://greekherald.com.au/lifestyle/spanakopita-a-cretan-mothers-recipe-for-a-greek-classic/>

Greek olive oils cross a continent for Olive Japan Awards (August 19, 2022)

<https://greekherald.com.au/culture/greek-olive-oils-cross-a-continent-for-olive-japan-awards/>

Greek Olive Oil Treasured from Canada to London to Greece (August 17, 2022)

<https://www.greece-is.com/news/greek-olive-oil-treasured-from-canada-to-london-to-greece/>

Greek olive oils win big at Anatolian Oil Competition (August 12, 2022 adaptation of part of my article)

<https://greekherald.com.au/news/greek-olive-oils-win-big-at-anatolian-oil-competition/>

An Olive Tree Garden of Peace is Inaugurated on Crete (August 10, 2022 article using my article as one of its sources)

<https://www.oliveoiltimes.com/world/garden-of-peace-crete/111330>

Greek Olive Oils Earn 42 Prizes at Anatolian Competition (August 3, 2022)

<https://www.greece-is.com/news/greek-olive-oils-earn-42-prizes-at-anatolian-competition/>

Symbolic Garden of Peace with 21 Olive Trees Opens in Crete (August 3, 2022)

<https://greekreporter.com/2022/08/03/garden-peace-crete-olive-trees/>

Il Giardino della Pace con olivi dei principali Paesi produttori (July 29, 2022 unauthorized republication of part of my article in Italian, with no acknowledgement of the source or my authorship)

<https://www.teatronaturale.it/tracce/mondo/38356-giardino-della-pace-olivi.htm>

Tips You Need When Cooking With Different Types Of Olive Oil (July 29, 2022, citing <https://www.greekliquidgold.com/index.php/en/olive-oil-info/types-of-olive-oil/241-virginity-what-difference-does-it-make-for-olive-oil/>)

<https://www.tastingtable.com/931469/tips-you-need-when-cooking-with-different-types-of-olive-oil/>

How to Live More Than a Century: Olive Oil and the Mediterranean Diet (July 10, 2022 second republication)

<https://greekreporter.com/2022/07/10/how-to-live-more-than-a-century-olive-oil-and-mediterranean-diet/>

Greek olive oils wins 78 awards at 2022 EVO IOOC in Italy (June 29, 2022) [many errors introduced]

<https://neoskosmos.com/en/2022/06/29/life/food-drink/greek-olive-oil-win-78-awards-at-2022-evo-iooc-in-italy/>

Multifaceted Greek Experiences From Delphi to Nafpaktos (June 24, 2022)

<https://www.greece-is.com/multifaceted-greek-experiences-delphi-nafpaktos/>

Greek Olive Oils Earn 176 Awards at 7th Athena Competition (June 20, 2022)

<https://www.thenationalherald.com/greek-olive-oils-earn-176-awards-at-7th-athena-competition/>

Greeks Win Medals at BIOL Competition for Organic Olive Oil (May 12, 2022)

<https://www.thenationalherald.com/greeks-win-medals-at-biol-competition-for-organic-olive-oil/>

Greek Winners at the 2022 Los Angeles Olive Oil Competition (May 6, 2022)

<https://www.thenationalherald.com/greek-winners-at-the-2022-los-angeles-olive-oil-competition/>

Greek Olive Oil Companies Mix Joy and Concern at Food Expo (April 28, 2022)

<https://www.thenationalherald.com/greek-olive-oil-companies-mix-joy-and-concern-at-food-expo/>

Athens Olive Lab and Shop Tests and Sells Healthy Olive Oil (February 22, 2022 partial republication and link to the original)

<https://www.zorbabook.com/post/65/athens-olive-lab-and-shop-tests-and-sells-healthy-olive-oil>

Olive-avocado intercropping and olive mill Inventions in Greece (February 1, 2022)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/46340-olive-avocado-intercropping-and-olive-mill-inventions-in-greece.html>

The Future of Greek Olive Oil: Five Greek Experts' Views (January 29, 2022)

<https://neoskosmos.com/en/2022/01/29/life/the-future-of-greek-olive-oil-five-greek-experts-views/>

2021 was tough but still a good year for Greek extra-virgin olive oils (January 24, 2022)

<https://neoskosmos.com/en/2022/01/24/life/health-wellbeing/2021-was-tough-but-still-a-good-year-for-greek-extra-virgin-olive-oils/>

LIVINGAGRO event in Crete shares olive and agroforestry innovations (unsigned press release, January 18, 2022)

<https://neoskosmos.com/en/2022/01/18/life/livingagro-event-in-crete-shares-olive-and-agroforestry-innovations>

Food pairings: Oliverse duo explores Greek olive oil (December 13, 2021)

<https://neoskosmos.com/en/2021/12/13/life/food-pairings-oliverse-duo-explores-greek-olive-oil/>

Greek Team Studies and Defines “High-Phenolic Olive Oil” (December 7, 2021)

<https://www.thenationalherald.com/greek-team-studies-and-defines-high-phenolic-olive-oil/>

87 Greek Olive Oils blitz Awards at Competition in Canada (October 19, 2021)

<https://greekcitytimes.com/2021/10/19/olive-oil-greece-canada/>

87 Greek Olive Oils Awarded at New Competition in Canada (October 18, 2021)

<https://hellenicnews.com/87-greek-olive-oils-awarded-at-new-competition-in-canada/>

Greek olive oils sweep top awards at JOOP in Tokyo (October 14, 2021)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/45499-greek-olive-oils-sweep-top-awards-at-joop-in-tokyo.html>

Greek Olive Oils Win Top Awards at JOOP in Tokyo, Japan (October 14, 2021)

https://www.thenationalherald.com/food/arthro/greek_olive_oils_win_top_awards_at_joop_in_tokyo_japan-3442088/

Greek olive oil companies celebrate success at Olive Japan (October 7, 2021)

<https://neoskosmos.com/en/2021/10/07/life/food-drink/greek-olive-oil-companies-celebrate-success-at-olive-japan/>

Greek Olive Oils Capture 179 Awards at 2021 Athena Contest (October 4, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/greek_olive_oils_capture_179_awards_at_2021_athena_contest-3363386/

Greek Olive Oils Rank among Contest’s Top Ten Healthy EVOOs (August 4, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/greek_olive_oils_rank_among_contest_s_top_ten_healthy_evoos-3017880/

Extra virgin olive oil may safely help prevent Alzheimer’s (July 13, 2021)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/44983-extra-virgin-olive-oil-may-safely-help-prevent-alzheimer%E2%80%99s.html>

Extra Virgin Olive Oil May Safely Help Prevent Alzheimer's (July 12, 2021)

<https://greekreporter.com/2021/07/12/olive-oil-prevent-alzheimers/>

Extra Virgin Olive Oil May Safely Help Prevent Alzheimer's (July 6, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/extra_virgin_olive_oil_may_safely_help_prevent_alzheimer_s-2833347/

23 Greek organic extra virgin olive oils win BIOL prizes (June 30, 2021)

<https://neoskosmos.com/en/203940/23-greek-organic-extra-virgin-olive-oils-win-biol-prizes/>

International Olive Sector Conference Explores Innovation (June 29, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/international_olive_sector_conference_explores_innovation-2789394/

Triumph for Greek Olive Oil at Mario Solinas Competition (June 23, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/triumph_for_greek_olive_oil_at_mario_solinas_competition-2750446/

Greek Executive Olive Oil Chef Explores Flavor Combinations (June 8, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/greek_executive_olive_oil_chef_explores_flavor_combinations-2639612/

Wandering Greek chef finds many olive oils for his dishes, and shares gourmet recipe (May 27, 2021)

<https://neoskosmos.com/en/200912/wandering-greek-chef-finds-many-olive-oils-for-his-dishes-and-shares-gourmet-recipe/>

How to Live More Than a Century: Olive Oil and the Mediterranean Diet (May 26, 2021)

<https://greekreporter.com/2021/05/26/how-to-live-more-than-a-century-olive-oil-and-mediterranean-diet/>

23 Greek Organic Extra Virgin Olive Oils Win BIOL Prizes (May 21, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/23_greek_organic_extra_virgin_olive_oils_win_biol_prizes-2488462/

New in 2021: The Canada International Olive Oil Competition (April 21, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/new_in_2021_the_canada_international_olive_oil_competition-2262641/

Laconia family firm imports top Greek olive oil to the USA (April 12, 2021)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/44195-laconia-family-firm-imports-top-greek-olive-oil-to-the-usa.html>

Olive Oil Approved as a Food Supplement for the First Time (April 7, 2021)

https://www.thenationalherald.com/food_travel_food/arthro/olive_oil_approved_as_a_food_supplement_for_the_first_time-2154147/

Family celebrates 108-year-old grandmother's life (April 7, 2021)

<https://neoskosmos.com/en/194056/family-celebrates-108-year-old-grandmothers-life/>

Greek olive oil near top of world's best olive oil lists (March 25, 2021)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/43973-greek-olive-oil-near-top-of-world%E2%80%99s-best-olive-oil-lists.html>

Arnold Schwarzenegger and the ancient olive trees of Crete (February 26, 2021)

<https://neoskosmos.com/en/186385/arnold-schwarzenegger-and-the-ancient-olive-trees-of-crete/>

Study Shows Extra Virgin Olive Oil Helps Deter Alzheimer's (February 16, 2021)

<https://hellenicnews.com/study-shows-extra-virgin-olive-oil-helps-deter-alzheimers/>

Arnold Schwarzenegger ayuda a preservar los olivos griegos (February 16, 2021)

<https://www.olimerca.com/noticiadet/arnold-schwarzenegger-ayuda-a-preservar-los-olivos-griegos/97c10563def29ec303a26479843ead1b>

The Year in Review: The Greek Olive Oil World in 2020 (February 2, 2021)

<https://hellenicnews.com/the-year-in-review-the-greek-olive-oil-world-in-2020/>

Olive Harvest, Olive Oil Creation Persist in Greek Lockdown (December 18, 2020)

https://www.thenationalherald.com/food_travel_food/arthro/olive_harvest_olive_oil_creation_persist_in_greek_lockdown-1425685/

Olive harvest and olive oil creation persist despite Greek lockdown (December 16, 2020)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/42386-olive-harvest-and-olive-oil-creation-persist-despite-greek-lockdown.html>

Greek Producers Discuss Olive Oil Prospects for 2020-2021 (December 14, 2020)

https://www.thenationalherald.com/food_travel_food/arthro/greek_producers_discuss_olive_oil_prospects_for_2020_2021-1401777/

Can Extra Virgin Olive Oil Help Us Fight COVID-19? (December 2, 2020)

<https://www.womeninoliveoil.org/post/can-extra-virgin-olive-oil-help-us-fight-covid-19>

Healthy Greek extra virgin olive oils win international awards (November 18, 2020)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/42102-healthy-greek-extra-virgin-olive-oils-win-international-awards.html>

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<https://www.agrocapital.gr/agro-world-news/47903/olive-harvest-olive-oil-creation-persist-in-greek-lockdown>

Greek Flavored Olive Oils Capture Top International Awards (October 14, 2020)

https://www.thenationalherald.com/food_travel_food/arthro/greek_flavored_olive_oils_capture_top_international_awards-1015028/

Top Award Winning Greek EVOO Companies Discuss 2020 Success (October 1, 2020)

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Women in Olive Oil: New Group Becomes a Global Movement (September 23, 2020)

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Experiencing Greek cuisine, farms, EVOO, and olive groves (September 23, 2020)

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<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/38526-olive-oil-symposium-at-the-center-of-the-ancient-world-in-delphi.html>

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*1st Greek Olive Oils of 2019 Harvest Awarded at Biolnovello (January 11, 2020—
with GLG listed but no live link, and w/o my name or permission)

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<https://hellenicnews.com/remove-olive-oil-from-prospective-tariff-list-urges-naooa/>

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[also republished here, without my name or authorization: <http://banksnews.gr/greek-extra-virgin-olive-oils-capture-134-awards-in-london/>]

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Greek olive oils win 23 awards at 2019 Los Angeles IOOC (June 10, 2019)

<https://www.tornosnews.gr/en/tourism-businesses/gastronomy/35871-greek-olive-oils-win-23-awards-at-2019-los-angeles-iooc.html>

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World Olive Day in Greece: Olive Oil Use in Restaurants (November 15, 2018)

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Olive Oil Tasting Day Follows Cultural Activities at Delphi (June 17, 2018)

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<https://hellenicnews.com/greek-extra-virgin-olive-oils-win-awards-los-angeles/>

13 Greek Olive Oils Awarded in 2018 (March 1, 2018)

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Ανάδειξη του ελληνικού ελαιολάδου μέσω διαδικτύου (November 27, 2017)

<http://www.palo.gr/agrotika-nea/anadeiksi-toy-ellinikoy-elaioladoy-mesw-diadiktyoy/16843234/>

Διαφημίζει το ελληνικό ελαιόλαδο σε όλο τον κόσμο με βάση την Κρήτη ! (November 27, 2017)

<http://www.cretalive.gr/crete/diafhmizei-to-ellhniko-elaiolado-se-olo-ton-kosmo-me-bash-thn-krhth>

Το κρητικό ελαιόλαδο κατακτάει τον κόσμο! (November 27, 2017)

<http://www.cretanmagazine.gr/to-kritiko-eleolado-kataktai-ton-kosmo/>

Ανάδειξη του ελληνικού ελαιολάδου μέσω διαδικτύου (November 27, 2017)

<http://www.haniotika-nea.gr/anadixi-tou-ellinikou-eleoladou-meso-diadiktiou/>

It's a Fact: Greek Olive Oil is an Art (Undated; this Greek government website article links to my Olive Oil Times article and mentions some of the same things)

<http://www.greeknewsagenda.gr/index.php/topics/business-r-d/5925-it%E2%80%99s-a-fact-greek-olive-oil-is-an-art>

Four seasons for visiting the olive groves of Greece (October 4, 2017)

<http://neoskopos.com/news/en/Four-seasons-for-visiting-the-olive-groves-of-Greece>

Four Seasons for Visiting the Olive Groves of Greece (September 28, 2017)

www.sevitel.gr/node/73

Oleotourism! A new initiative with significant perspectives in Crete (August 29, 2017)

<http://www.sedik.gr/neo/en/olive-news/1301-oleotourism-a-new-initiative-with-significant-perspectives-in-crete>

Sustainable Tourism , Agrotourism and Food Tourism in Crete. (August 27, 2017)
<http://www.sedik.gr/neo/en/olive-news/1300-sustainable-tourism-,-agrotourism-and-food-tourism-in-crete>

World's First Greek Olive Oil Info Site in English Celebrates 1st Birthday (August 11, 2017)
<http://www.chaniapost.eu/2017/08/11/worlds-first-greek-olive-oil-info-site-in-english-celebrates-1st-birthday/>

World's first Greek olive oil info site in English celebrates 1st birthday (August 9, 2017)
<http://apokoronasnews.gr/worlds-first-greek-olive-oil-info-site-in-english-celebrates-1st-birthday/>

World's First Greek Olive Oil Info Site in English Celebrates 1st Birthday (August 8, 2017)
<http://www.ulivita.it/en/16271-2/it/il-blog-ulivita-2/en/29352-2/>

First Estimates for 2017/18 Olive Oil Production Compared (July 17, 2017)
<http://www.olivenews.gr/en/article/8347/first-estimates-for-201718-olive-oil-production-compared>

'Looking to the past, we advance into the future' (June 29, 2017)
<http://neoskopos.com/news/en/Looking-to-the-past-we-advance-into-the-future>

Anoskeli olive mill, winery, and tasting room in NW Crete (June 20, 2017)
<http://neoskopos.com/news/en/Anoskeli-olive-mill-winery-and-tasting-room-in-NW-Crete>

Greek winners at London International Olive Oil Competition announced (June 14, 2017)
<http://www.tornosnews.gr/en/tourism-businesses/gastronomy/25767-greek-winners-at-london-international-olive-oil-competition-announced.html>

Greek Winners at London International Olive Oil Competition (June 14, 2017)
<https://www.thenationalherald.com/165685/greek-winners-london-international-olive-oil-competition/>

Olive Oil Prices Vary; Greece Offers Excellent Options (June 11, 2017)
<https://www.thenationalherald.com/165680/olive-oil-prices-vary-greece-offers-excellent-options/>

Olive Oil Prices Vary; Greece Offers Excellent Options (May 26, 2017)
<http://www.ulivita.it/en/16271-2/it/il-blog-ulivita-2/es/olive-oil-prices-vary-greece-offers-excellent-options-2/>

Greece's olive oil stars at New York International Olive Oil Competition 2017 (May 10, 2017)

<http://www.tornosnews.gr/en/tourism-businesses/gastronomy/25217-greece%E2%80%99s-olive-oil-stars-at-new-york-international-olive-oil-competition-2017.html>

Greek winners at the Los Angeles Olive Oil Competition for 2017 (May 4, 2017)

<http://www.tornosnews.gr/en/tourism-businesses/gastronomy/25123-greek-winners-at-the-ls-angeles-olive-oil-competition-for-2017.html>

Greek Olive Oil Producers Triple Awards to NYIOOC; Won 46, 20 Gold (May 4, 2017 republication of my article in The National Herald)

<https://www.thenationalherald.com/160679/greek-olive-oil-producers-triple-awards-nyiooc-won-46-20-gold-video/>

Greek Winners at the Los Angeles Olive Oil Competition (May 4, 2017 republication of my article in The National Herald)

<https://www.thenationalherald.com/160750/greek-winners-ls-angeles-olive-oil-competition/>

Healthy Greek olive oil bottled and consumed like medicine (March 22, 2017 republication of my article in Neos Kosmos)

<http://neoskopos.com/news/en/Healthy-Greek-olive-oil-bottled-and-consumed-like-medicine>

Cooking and baking with olive oil (March 20, 2017 republication of my article with a recipe in Neos Kosmos)

<http://neoskopos.com/news/en/Cooking-and-baking-with-olive-oil>

Updated Orange Juice Cookies with Olive Oil (March 16, 2017 republication of my recipe in the National Herald)

<https://www.thenationalherald.com/154720/updated-orange-juice-cookies-olive-oil/>

American Olive Oil Expert Visits Greece (March 6, 2017 republication of my article on the English version of Olive News)

<http://www.olivenews.gr/en/article/8025/american-olive-oil-expert-visits-greece>

Πρωτοποριακός ιστότοπος "σπονδή" στο ελληνικό ελαιόλαδο [Innovative website "an offering" on Greek olive oil] (January 24, 2017 podcast of an interview in Australia)

<http://www.sbs.com.au/yourlanguage/greek/el/content/protoporiakos-istotopos-spondi-sto-elliniko-elaiolado?language=el>

Greek Liquid Gold: A New Resource on Olive Oil (January-February 2017)

http://bponline.amcham.gr/wp-content/uploads/2017/01/BP88_ttm.pdf

Μια Αμερικανίδα υπέρμαχος του ελληνικού ελαιόλαδου [An American advocate of Greek olive oil, in Greek], El magazine with Agrenda newspaper, January 2017

Η Lisa Radinovsky είναι η Αμερικανίδα που διαφημίζει το ελληνικό λάδι (January 11, 2017)

<https://www.klik.gr/gr/el/food/i-lisa-radinovsky-einai-i-amerikanida-pou-diafimizei-to-elliniko-ladi/>

Competitions for the Healthiest Olive Oils Multiply In 2017 (January 5, 2017)

<https://hellenicnews.com/competitions-healthiest-olive-oils-multiply-2017/>

A new website all about Greek olive oil, all the way from Crete (December 19, 2016)

<http://neoskopos.com/news/en/A-new-website-all-about-Greek-olive-oil-all-the-way-from-Crete>

Η Αμερικανίδα που διαφημίζει διεθνώς το ελληνικό λάδι (November 26, 2016)

<http://www.newsnowgr.com/article/983544/i-amerikanida-pou-diafimizei-diethnos-to-elliniko-ladi.html>

Η Αμερικανίδα που διαφημίζει διεθνώς το ελληνικό λάδι (November 26, 2016)

http://www.newscast.gr/eidiseis/fp_i_amerikanida_pou_diafimizei_diethnos_to_elliniko_ladi.html

Η Αμερικανίδα που διαφημίζει διεθνώς το ελληνικό λάδι (November 26, 2016)

<http://galaxynews.gr/%EF%BB%BF%CE%B7-%CE%B1%CE%BC%CE%B5%CF%81%CE%B9%CE%BA%CE%B1%CE%BD%CE%AF%CE%B4%CE%B1-%CF%80%CE%BF%CF%85-%CE%B4%CE%B9%CE%B1%CF%86%CE%B7%CE%BC%CE%AF%CE%B6%CE%B5%CE%B9-%CE%B4%CE%B9%CE%B5%CE%B8%CE%BD%CF%8E/>

Η Αμερικανίδα που διαφημίζει διεθνώς το ελληνικό λάδι (November 26, 2016)

http://tro-ma-ktiko.blogspot.gr/2016/11/blog-post_5596.html

Η Αμερικανίδα που διαφημίζει διεθνώς το ελληνικό λάδι (November 26, 2016)

<http://www.newsbeast.gr/greece/arthro/2475245/i-amerikanida-pou-diafimizei-diethnos-to-elliniko-ladi>

Η Αμερικανίδα που διαφημίζει στο εξωτερικό το κρητικό λάδι (November 26, 2016)

<http://flashnews.gr/post/293044/h-amerikanida-poy-diafhmizei-sto-ekswteriko-to-krhtiko-ladi>

Η Αμερικανίδα που διαφημίζει διεθνώς το ελληνικό λάδι (November 26, 2016)

http://www.greek-inews.gr/2016/11/i-amerikanida-pou-diafimizi-diethnos-to-elliniko-ladi.html?utm_source=dlvr.it&utm_medium=facebook&utm_campaign=gkoulelis+antonis&m=1

Αυτή είναι η Αμερικανίδα που διαφημίζει στο εξωτερικό το κρητικό λάδι (November 26, 2016) [original source for articles above—and there are more reprints on blogspot in Greece, and perhaps elsewhere, which I haven't copied!]

<http://www.patris.gr/articles/307463?PHPSESSID=b2i4r7to4pifb60kofbl1n8fm4#.WDSXFVxp8Ts>

A Greek Olive Oil Addict's Approach to Thanksgiving (November 24, 2016)

<https://hellenicnews.com/greek-olive-oil-addicts-approach-thanksgiving/>

How an Expat in Crete Created a Website All About Olive Oil (November 17, 2016)

<http://greece.greekreporter.com/2016/11/17/how-an-expat-in-crete-created-a-website-all-about-olive-oil/>

A Website All About Greek Olive Oil by Dr. Lisa Radinovsky (November 15, 2016)

<https://hellenicnews.com/website-greek-olive-oil-dr-lisa-radinovsky/>

Displaced Dispatch (November 11, 2016)

<http://us2.campaign-archive1.com/?u=655a1430acc3d2882a3904849&id=ca8ea108e5>

Η Αμερικανίδα δημοσιογράφος που ζει στην Κρήτη και δίνει "μάχες" στα διεθνή μέσα να προωθήσει το λάδι! (φωτο) (October 19, 2016)

<http://www.candianews.gr/2016/10/19/i-amerikanida-dimosiografos-pou-zi-stin-kriti-ke-dini-maches-sta-diethni-mesa-na-proothisi-to-ladi-foto/>

Food Column: Pennsylvania expat promotes Greek olive oil (October 19, 2016)

<http://www.post-gazette.com/life/food-column/2016/10/19/Food-Column-Pennsylvania-expat-promotes-Greek-olive-oil/stories/201610190006>

Αμερικανίδα δημοσιογράφος: Κρίμα να πουλάτε το λάδι χύμα στους Ιταλούς!

<http://www.iefimerida.gr/news/295506/amerikanida-dimosiografos-krima-na-poylate-ladi-hyma-stoys-italoys#ixzz4NXYLKRhr>

Copied with a link but no clear attribution; my name appears in the middle of the article where a photo should have been, but not as author: Greek Farmers Expect Lower Yields as Harvest Nears <http://oliveoilexport.com/greek-farmers-expect-lower-yields-as-harvest-nears/>

Ως 250.000 τόνους αναμένεται φέτος η ελαιοπαραγωγή (September 26, 2016)

[summary with excerpts, no link or reference to my name, only to *Olive Oil Times*]

<http://www.agronews.gr/ekmetaleuseis/elaiones-kai-abelones/arthro/148368/os-250000-tonous-anamenetai-fetos-i-elaioparagogi/>

Going Deeper On Extra Virgin Olive Oil (September 16, 2016)

<http://totalfood.com/going-deeper-extra-virgin-olive-oil/>

Greek Liquid Gold, una nueva web para informar sobre el AOVE griego (September 15, 2016)

<http://www.mercacei.com/noticia/46135/Ultima-hora/Greek-Liquid-Gold-una-nueva-web-para-informar-sobre-el-AOVE-griego.html>

Greek Liquid Gold: A new website about Authentic Extra Virgin Olive Oil (September 13, 2016)

<http://apokoronasnews.gr/greek-liquid-gold-a-new-website-about-authentic-extra-virgin-olive-oil/>

Olive Branch Extends to Rio (August 11, 2016) [seems to have misunderstood my article, however]

<http://www.oliveoiltimes.com/olive-oil-basics/olive-branch-extends-rio/52385>

Producers of the Best Greek Olive Oils React to Their NYIOOC Awards (May 2, 2016)

<http://greeceoutsidein.blogspot.gr/2016/05/producers-of-best-greek-olive-oils.html>

Greek Package Designs Draw from Deep Cultural Roots [excerpted here, without my name, but with a link to OOT] (February 29, 2016)

<http://www.soma.today/greek-package-designs-draw-from-deep-cultural-roots/>

Greek Package Designs Draw from Deep Cultural Roots [copied here without my name, but with a link to OOT] (February 29, 2016)

<https://brexians.wordpress.com/2016/02/29/the-art-of-olive-oil-the-art-of-evoo/>

Huile d'olive: Les Grecs digèrent mal la hausse des quotas tunisiens (December 14, 2015)

<http://kapitalis.com/tunisie/2015/12/12/huile-dolive-les-grecs-digerent-mal-la-hausse-des-quotas-tunisiens/>

Greece's Early Harvest Olive Oils

<http://www.amcham.gr/greece-early-harvest-olive-oils/> (October, 2015)

Greece will have a prominent role at the WOOE thanks to the presence of Aris Kefalogiannis, CEO of Gaea Products (October 10, 2015)

<http://www.oliveoil exhibition.com/boletin/boletin20151008i.html>

Greece's Economy and How It May Affect the US (July 6, 2015)

<http://abcnews.go.com/Business/greeces-economy-affect-us/story?id=32252631>